

A SINGLE-BLIND, RANDOMIZED HOME-USE STUDY, IN 52 HEALTHY MALE AND FEMALE SUBJECTS (ALL WITH SELF-ASSESSED OR SELF-DIAGNOSED DIGESTIVE ISSUES) AGED 40 TO 65 TO EVALUATE THE EFFICACY OF AN ACTIVE SUPPLEMENT IN TREATING DIGESTIVE DISTRESS WHEN COMPARED TO A PLACEBO, MEASURED BY SELF-PERCEPTION QUESTIONNAIRES (SPQ).

Prepared for:

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A SINGLE-BLIND, RANDOMIZED HOME-USE STUDY, IN 52 HEALTHY MALE AND FEMALE SUBJECTS (ALL WITH SELF-ASSESSED OR SELF-DIAGNOSED DIGESTIVE ISSUES) AGED 40 TO 65 TO EVALUATE THE EFFICACY OF AN ACTIVE SUPPLEMENT IN TREATING DIGESTIVE DISTRESS WHEN COMPARED TO A PLACEBO, MEASURED BY SELF-PERCEPTION QUESTIONNAIRES (SPQ).

PCR CORP REPORT NO: NUTUSE11M

I declare that the following report constitutes a true and faithful account of the procedures adopted and the results obtained in the performance of this trial. The aspects of the trial conducted by PCR Corp were performed, where relevant, in accordance with the principles of Good Clinical Research Practice.

Barrie Drewitt (Principal Investigator)	BD rewitt
	Date
Cassie Newall (Project Manager)	C Newall
	Date

QUALITY ASSURANCE STATEMENT

This report has been audited and is considered to be an accurate description of the methods used and an accurate presentation of the data obtained during the conduct of the study.

Rob Sherrington (Quality Assurance)

R.Sherrington

Date.....

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1. SUMMARY

Title: A single-blind, randomized home-use study, in 52 healthy

male and female subjects (all with self-assessed or self-diagnosed digestive issues) aged 40 to 65 to evaluate the efficacy of an active supplement in treating digestive distress when compared to a placebo, measured by self-perception

questionnaires (SPQ).

Study design: Single-blind, randomised home-use study.

Test Articles: 1. Nutreance Elevenzyme

2. Placebo

Study Duration: 4 Weeks

Number of subjects: 52 subjects were enrolled, and 52 subjects completed the

study.

Type of subjects: Healthy male and female volunteers, aged 40 to 65 with self-

assessed or self-diagnosed symptoms of gas, bloating,

heartburn, indigestion.

Subject exclusion:

- No subjects diagnosed <u>medically</u> with a digestive disorder.
- No subjects on prescription medication
 - Birth control allowed as long as the prescription had not been changed in the last 6 months prior to the start of the study.
- No pregnant subjects or subjects planning to become pregnant.
- No subjects currently breastfeeding.
- No subjects currently taking a probiotic, natural digestive enzymes or microbiome tablets/drinks.
 - Over the counter antacids allowed.

Observations: Subjects attended the study facility (baseline) where

informed consent and eligibility were verified. Once accepted, subjects were instructed on how to take the supplement as per Sponsor instruction. Subjects were issued

the product to use for 4 weeks along with a daily diary.

32 Subjects took the Test Article 50/50 Male/Female split 20 Subjects took the Placebo 50/50 Male/Female split

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Claims Substantiated: 90.63% taking the test article experienced less gas.

96.88% taking the test article experienced less bloating.96.88% taking the test article experienced less frequent

or less intense digestive discomfort.

93.75% taking the test article were able to eat foods they

had previously avoided.

None of the participants taking the test article

experienced any negative side effects.

Study start date: w/c 11th March 2024

Study end date: w/c 8th April 2024

Location: PCR Corp

164A Plymouth Grove

Ardwick Manchester M13 0AF

United Kingdom

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2. KEY STUDY PERSONNEL AND RESPONSIBILITIES

Key personnel Principal Investigator (PI) Barrie Drewitt	General responsibilities The Principal Investigator (PI) was responsible for ensuring sufficient
PCR Corp 310 S MacDill Ave Suite 100	resources are available to conduct the study according to Good Clinical Practice (GCP), reporting any serious
Tampa FL 33609	adverse events to the Sponsor, review of the study protocol and report, and
USA Tel: +1 813-864-7364	ensuring that they concur with the study findings.
Study Supervisor (SS) Andrew King PCR Corp 164A Plymouth Grove Ardwick Manchester Greater Manchester M13 0AF United Kingdom	The Study Supervisor (SS) was responsible for the conduct of the study on a daily basis.
Tel: +44 (0)1617 911797	
Project Manager (PM) Cassie Newall PCR Corp 8 Richmond Road Dukes Park Chelmsford Essex CM2 6UA United Kingdom Tel: 01245 934050	The Project Manager (PM) was involved with the study design, writing the study protocol and compilation of study results and summary report.
Project Co-ordinator (PC) Dan Watters Nutreance 401 Riversville Rd. Greenwich CT. 06831 USA Email: dwatters29@gmail.com	The Project Coordinator (PC) was the primary point of contact on behalf of the Sponsor of this project and represented the Sponsor of this study.

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3. INTRODUCTION AND OBJECTIVE

The objective of this study was to evaluate the attributes of a dietary supplement by subjects at home as measured by comparison with a placebo and selfperception questionnaire (SPQ) over a 4-week period to make the following claims:

- X% of subjects reported...
- X% of subjects agreed...

The Sponsor is responsible to determine the testing and study designs required for submission to entities such as the Home Shopping Network, QVC, etc.

4. STUDY DESIGN

Single-blind, randomised home-use study.

5. SELECTION OF SUBJECTS

52 subjects who met the eligibility criteria were enrolled onto the study. Subjects met the following inclusion and exclusion criteria, were willing to accept the study prohibitions and restrictions and signed written informed consent.

5.1. INCLUSION CRITERIA

- 1. Healthy male and female volunteers aged 40 to 65.
- 2. All ethnicities.
- 3. All skin types.
- 4. Subject has self-assessed/self-diagnosed symptoms of gas, bloating, heartburn, indigestion.
- 5. Subject has not been diagnosed medically with a digestive disorder.
- 6. Subject is not currently taking any prescription medications.
 - Birth control allowed as long as the prescription has not been changed in the last 6 months prior to the start of the study.
- 7. Subject is not pregnant, trying for pregnancy or breastfeeding.
- 8. Subject is not currently using any probiotics, natural digestive enzymes, or microbiome tablets/drinks.
 - Over the counter antacids allowed.
- 9. Subject agrees to sign consent form.
- 10. Subject agrees to attend all visits and complete the SPQ.
- 11. Subject agrees to use the product as instructed.

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5.2. EXCLUSION CRITERIA

- 1. Subject has a medically diagnosed digestive disorder.
- 2. Subject does not have self-assessed gas, bloating, heartburn, indigestion.
- 3. Subject changed birth control prescription 6 months prior to study start.
- 4. Subject is pregnant, nursing, or planning to become pregnant.
- 5. Subject currently uses/takes a probiotic, natural digestive enzymes or microbiome tablets/drinks.
- 6. History of malianant disease.
- 7. Significant past medical history of hepatic, renal, cardiac, pulmonary, digestive, haematological, neurological, locomotor or psychiatric disease.
- 8. History of asthma requiring regular medication.
- 9. Known sensitivity/allergy to the test article, similar materials or their constituents.
- 10. Current participation in a similar study or with exclusionary requirements that would interfere with this study.

5.3. Prohibitions and Restrictions for the Duration of the Study

- 1. Subject starts a prescription medication course at any point during the course of the study.
- 2. Subject starts using/taking a probiotic, natural digestive enzymes or microbiome tablets/drinks.
- 3. Subject becomes pregnant.
- 4. Subject must use the trial product assigned as instructed.
- 5. Subject must attend both visits and complete the SPQ.

6. METHOD

Test articles

The test articles were supplied by the Sponsor as follows:

- 1. Nutreance Elevenzyme
- 2. Placebo

Directions for use

Take 2 capsules immediately before your largest meal of the day.

The Sponsor provided the test articles.

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The Sponsor provided the ingredient listings (Appendix 1) and certified that the products supplied to PCR Corp for the clinical trial had been manufactured/formulated with ingredients that are safe and suitable for the product's stated purpose.

The test articles were used as supplied by the Sponsor, following their usage instructions, detailed in the Subject Information Sheet (Appendix 4).

It was the responsibility of the Sponsor to determine, for each batch of test article, the identity, strength, purity, composition, and other characteristics which appropriately defined the test article before its use in the study. The determination of its stability and documentation of methods of synthesis and derivation were also the Sponsor's responsibility.

It was the responsibility of the Sponsor that the test article met all necessary transport regulations, particularly those regulations involving the carriage of hazardous goods and the import/export of goods, and that any costs including tax/duty were fully met by the Sponsor prior to receipt of the test article at PCR Corp. No liability with regard to safe receipt or costs involved in carriage of goods to any PCR Corp site were accepted.

On study completion, any remaining unused test articles will be disposed of, unless otherwise requested by the Sponsor, after issuance of the final report or 28 days after study completion, whichever comes first. Sponsors requesting the return of products will be liable for any costs incurred.

7. ACTIVE PHASE

Day 1, Visit 1 (Baseline)

Subjects attended the study facility, informed consent and eligibility was verified. Once accepted, subjects were issued the test article along with a diary that included daily questions and an information sheet with directions for usage.

Issue of the test article and the placebo was randomised. 32 subjects were issued the test article (50/50 female/male split), and 20 subjects (50/50 female/male split), were issued the placebo to be used for 4 weeks days.

Once completed, subjects were given a return time for their next visit.

Week 4, Visit 2 (End of Study)

Subjects attended the study facility to return diaries and complete the end of study SPQ.

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8. ASSESSMENTS

Self-Perception Questionnaire (SPQ)

Subjects completed an SPQ on how they found using the product at the end of study.

9. STUDY ETHICS

9.4. DECLARATION OF HELSINKI

The study conformed to the requirements of the 1964 Declaration of Helsinki and its subsequent amendments (World Medical Association; 2013)¹.

9.5. SUBJECT CONSENT

Subjects were informed of the nature, purpose and known risk of the study both orally and in writing and gave their written informed consent before participating in the study. Subjects were advised that they were free to withdraw from the study at any time without being obliged to give a reason. They were compensated for their time and inconvenience.

9.6. INDEMNITY PROVISION

The Sponsor shall be responsible, without regard to legal liability, and shall indemnify PCR Corp, or any of their respective officers or employees in the event of claims for compensation from subjects suffering injury arising out of the administration or use of the test article, or of any procedure required under this protocol as a result of a subject participating in this study, except and insofar as such claims arise as a result of any negligent act or omission on the part of PCR Corp employees or any persons undertaking or involved in the study by arrangement with PCR Corp.

9.7. QUALITY ASSURANCE

The study was carried out within the spirit of the ICH Guidelines on Good Clinical Practice, (ICH E6_R2) and other recognised guidelines². An audit of the final report will be completed, for accuracy and completeness of presentation. Additionally, the study may be subject to the following Quality Assurance procedures:

- Review of protocol and protocol amendments for completeness, clarity and adequacy.
- Inspection and/or audit of critical phases of study conduct for compliance with protocol and PCR Corp procedures.

PCR Corp Quality Assurance will inform PCR Corp management of any findings that may affect the integrity of the study.

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10. RETENTION OF DATA

All raw data generated by PCR Corp during the course of the study, and including protocol and final report, will be retained in the PCR Corp archive for a minimum period of fifteen years from study completion. In the event of original data being transferred to the Sponsor at their request, exact copies will be so retained. At no time will archived data be destroyed without prior written approval of the Sponsor. All study data will be available at any time, by appointment, for inspection by the Sponsor or their authorised representative.

11. REFERENCES

- 1. World Medical Association (2013). "Declaration of Helsinki: Ethical Principles for Medical Research Involving Human Subjects". JAMA 310 (20): 2191–2194. doi:10.1001/jama.2013.281053.
- 2. International Conference on Harmonisation of Technical Requirements for the Registration of Pharmaceuticals for Human Use. Note for Guidance on Good Clinical Practice, Consolidated Guideline. Step 4, Consolidated Guideline, 1/5/96. CPMP/ICH/135/95.
- 3. ICH E6_R2, INTEGRATED ADDENDUM TO ICH E6(R1): GUIDELINE FOR GOOD CLINICAL PRACTICE, Current Step 4 version dated 9 November 2016.

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RESULTS

<u>Location and Dates of the Study</u>

This was a home-use trial. The product was issued w/c 11th March 2024 for use at home by subjects from w/c 11th March 2024 to w/c 8th April 2024.

<u>Subjects</u>

52 subjects were recruited into the study. 52 subjects completed the study.

Adverse events, adverse reactions

No adverse events or reactions have been reported

Demographics

A = Test Article B= Placebo

Subject No	Sex	Age	Product
1	Female	53	Α
2	Female	49	В
2 3	Male	41	Α
4	Female	52	Α
5 6	Female	44	В
6	Male	49	Α
7	Male	61	В
8	Male	40	Α
9	Female	52	В
10	Female	59	Α
11	Male	47	В
12	Female	55	A
13	Female	41	В
14	Male	63	Α
15	Female	47	Α
16	Female	43	Α
17	Female	40	Α
18	Male	46	В
19	Female	62	В
20	Male	59	Α
21	Female	52	Α
22	Male	53	Α
23	Female	42	Α
24	Male	49	В
25	Female	49	Α
26	Male	42	В

Subject No	Sex Age		Product
27	Male	54	Α
28	Male	63	Α
29	Female	45	В
30	Male	41	В
31	Female	45	Α
32	Male	58	Α
33	Male	46	В
34	Female	55	Α
35	Male	49	В
36	Female	44	Α
37	Male	58	Α
38	Male	42	Α
39	Female	49	В
40	Male	47	В
41	Male	43	Α
42	Female	56	В
43	Female	61	Α
44	Male	48	Α
45	Female	45	В
46	Male	46	В
47	Female	55	Α
48	Male	49	Α
49	Female	52	В
50	Male	49	Α
51	Male	53	Α
52	Female	47	Α

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Test Article

32 subjects -16 female, 16 male

<u>02 300 JCC 13</u>			
Subject No	Sex	Age	Product
1	Female	53	Α
3	Male	41	Α
4	Female	52	Α
6	Male	49	Α
8	Male	40	Α
10	Female	59	Α
12	Female	55	A A
14	Male	63	Α
15	Female	47	A
16	Female	43	l A
17	Female	40	A
20	Male	59	Α
21	Female	52	Α
22	Male	53	Α
23	Female	42	Α
25	Female	49	Α
27	Male	54	Α
28	Male	63	Α
31	Female	45	Α
32	Male	58	A
34	Female		
36	Female		
37	Male	58	A A
38	Male	42	Α
41	Male 43		Α
43	Female 61		Α
44	Male	48	Α
47	Female	55	
48	Male 49		A
50	Male	49	А
51	Male	53	Α
52	Female		

<u>Placebo</u>

20 subjects -10 female, 10 male

Subject No	Sex Age		Product
2	Female	49	В
5	Female	44	В
7	Male	61	В
9	Female	52	В
11	Male	47	В
13	Female	41	В
18	Male	46	В
19	Female	62	В
24	Male	49	В
26	Male	42	В
29	Female	45	В
30	Male	41	В
33	Male	46	В
35	Male	49	В
39	Female	49	В
40	Male	47	В
42	Female	56	В
45	Female	45	В
46	Male	46	В
49	Female	52	В

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SPQ Results – 4 weeks

Table 1 - % TopBox analysis (Strongly Agree + Agree)

Questions	(Stror	ngly Agree + A	gree)
	Full SPQS	Placebo	Test Article only
1. I have experienced less frequent or less intense gas	75.00%	50.00%	90.63%
2. I have experienced less frequent or less intense bloat	78.85%	50.00%	96.88%
3. I have experienced less frequent or less intense heartburn	69.23%	45.00%	84.38%
4. I have experienced less frequent or less intense indigestion	75.00%	50.00%	90.63%
5. I have experienced less frequent or less intense gastrointestinal distress	76.92%	50.00%	93.75%
6. I have experienced less frequent or less intense digestive discomfort	71.15%	30.00%	96.88%
7. I have experienced less frequent or less intense acid reflux	65.38%	30.00%	87.50%
8. I have experienced less stomach acid	63.46%	20.00%	90.63%
9. I have experienced less flatulence	63.46%	40.00%	78.13%
10. I have experienced less belching	69.23%	35.00%	90.63%
11. I have experienced less frequent or less intense dyspepsia	67.31%	35.00%	87.50%
12. I have experienced less frequent or less intense stomach upset	76.92%	60.00%	87.50%
13. I have experienced less frequent or less intense stomach aches	80.77%	65.00%	90.63%
14. I have experienced less frequent or less intense feelings of fullness	71.15%	40.00%	90.63%
15. I have experienced less frequent or less intense gas pains	69.23%	40.00%	87.50%
16. I have been able to eat certain foods that I previously avoided	71.15%	35.00%	93.75%
17. I have experienced improved digestion	71.15%	35.00%	93.75%
18. I have been able to digest foods I normally struggle to tolerate	67.31%	40.00%	84.38%
19. I did not experience any negative side effects from taking the product	92.31%	80.00%	100.00%
20. I would recommend this product	73.08%	45.00%	90.63%

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CONCLUSIONS

Data from the self-perception questionnaire from subjects using the test article (not the placebo subjects) after 4 weeks of test article use shows a favourable majority with scores >78% across all questions.

Data from the SPQs for the test article users only shows:

100.00% of subjects did not experience any negative side effects from taking the product.

90.63% of subjects would recommend this product.

96.88% of subjects agree they experienced less frequent or less intense bloating after just 4 weeks.

93.75% of subjects agree they have experienced less frequent or less intense gastrointestinal distress after just 4 weeks.

93.75% of subjects agree that they have been able to eat certain foods previously avoided after just 4 weeks.

90.63% of subjects agree they have experienced less frequent or less intense gas after just 4 weeks.

90.63% of subjects agree they have experienced less frequent or less intense indigestion after just 4 weeks.

87.50% of subjects agree they have experienced less frequent or less intense stomach upset after just 4 weeks.

84.38% of subjects agree they have experienced less frequent or less intense heartburn after just 4 weeks.

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APPENDIX 1: INCIS

TEST ARTICLE 1 – NUTREANCE ELEVENZYME

Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 30

Amount Per Serving %DV

ElevenZyme® Proprietary Blend 110 mg † Amylase (3,500 DU), Protease (21,000 HUT), Protease (4,000 PC), Alpha-Galactosidase (150 GalU), Glucoamylase (9 AGU), Lactase (1,000 ALU), Protease (50 SAPU), Invertase (400 SU), Lipase (500 FIP), Acid Maltase (14 MaltU), Peptidase (2 AP)

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Capsule, Magnesium Stearate.

TEST ARTICLE 2 - PLACEBO

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APPENDIX 2: INFORMED CONSENT

CONSENT FORM

Study Code: NUTUSE11M

Subject#:_____



INTRODUCTION

You are being asked to participate in a research study. Prior to giving your consent to be a subject, it is important that you take the time to read and understand what your participation would involve. This consent form may contain technical language which you may not understand. If you do not understand any of this consent form, please ask the clinical staff any questions you may have.

You will be provided with a signed copy of this consent form and any other necessary written information prior to the start of the study.

OBJECTIVE

The objective of this study is to evaluate the performance of 1 Test Article by subjects at home as measured by self-perception questionnaire (SPQ) over a 30 day period.

TEST ARTICLES

Dietary Supplement.

STUDY PROCEDURES

You will be one of approximately 50 subjects enrolled onto this study. Your participation in this study will last 30 days and will require 2 visits to the testing facility.

Day 1, Visit 1 (Baseline)

You will attend the study facility where informed consent and eligibility will be verified. Once accepted, you will be issued the test article, along with a diary with daily questions to complete and an information sheet with directions for usage. You will then be given a return time for the end of study visit.

Day 30, Visit 2 (End of Study)

You will attend the study facility where your diary will be reviewed for compliance and any adverse effects. You will then complete the end of study SPQ.

RISKS

To the best of our knowledge, these products are not expected to induce an allergic reaction. While the potential for irritation or other reactions during this study are minimal, it is possible for a reaction to occur. Expected reactions for these test article categories are mild in nature and may include the following: redness, itching, stinging or burning. In addition to the risks described, there may be other risks that are currently unforeseeable.

No significant adverse reactions are expected to occur. However, if you develop an adverse reaction or complication as a result of your participation in this study, medical treatment will be provided by clinical staff nurses at PCR Corp or you will be referred for appropriate treatment at no cost to you, as long as you have followed the study instructions. Provisions of such medical care is not an admission of legal responsibility. You will be followed by PCR Corp until the adverse reaction has resolved. No additional compensation will be available to you. Neither the sponsoring company nor the investigating company will be held responsible for any future medical expenses.

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BENEFITS

While it is likely that you will not receive any direct benefit from your participation in the study, the study results may have the potential to increase scientific knowledge about skincare products and may allow for new and improved products to be marketed.

CONFIDENTIALITY

Information concerning you that is obtained in connection with this study will be kept confidential by PCR Corp, except that the sponsoring company whose products are being tested will receive a copy of the study records. The data will be uniquely coded to protect your identity. In addition, the study investigator, third party regulatory authorities, including the U.S. Food and Drug Administration (FDA), IRB/IEC or the sponsor (including monitors and auditors), may inspect the records of the study. Therefore, total privacy cannot be guaranteed.

Your signature on the Informed Consent provides your permission for these agencies to view your personal information and the study data.

IN CASE OF STUDY RELATED INJURY

If you are injured while participating in this study, PCR Corp will provide you with treatment. If your illness or injury is the result of the study products or any procedure required by the study that you would not have undergone were it not for your participation in the study, the sponsor will pay usual and customary medical fees for reasonable and necessary treatment, provided you have not already otherwise been properly reimbursed by your insurance, a government program, or other third party coverage for such medical expenses. The sponsor is not responsible for expenses that are due to pre-existing medical conditions, underlying disease, procedures which would have been performed even if you were not participating in the study, your negligence or wilful misconduct, or the negligence or wilful misconduct of institution, principal investigators, or third parties. No funds have been set aside by the sponsor to compensate you for lost wages, disability, or discomfort due to your participation in this study. You do not give up any legal rights as a research participant by signing this consent form.

COMPENSATION FOR INJURY

No significant adverse reactions are expected to occur. However, if you develop an adverse reaction or complication as a result of your participation in this study, medical treatment will be provided by clinical study staff at PCR Corp, or you will be referred for appropriate treatment at no cost to you. Provisions of such medical care are not an admission of legal responsibility. You will be followed by PCR Corp until the adverse reaction has resolved. No additional compensation will be available to you. Neither the sponsoring company nor the investigating company will be held responsible for any future medical expenses.

In no way does signing this consent form waive your legal rights nor does it relieve the investigators, Sponsor or involved institutions from their legal and professional responsibilities.

FEMALES OF CHILDBEARING POTENTIAL

Pregnant and/or nursing women may not take part in this study. Signing and dating this consent form means that you are stating that you are not pregnant, planning a pregnancy, or nursing at the start of the study.

The test products may involve unknown risks to you, your nursing infant, or your unborn child if you become pregnant while on the study. By signing this form, you agree to practice an acceptable method of birth control for the duration of the study.

NEW FINDINGS

Any new information that is discovered during the study and which may influence your willingness to continue in the study will be made available to you.

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MEDICAL TREATMENT

In the event of an emergency, dial **999**. If you receive any medical care during the course of the study, inform medical personnel that you are participating in a research study. Please contact PCR Corp staff as soon as possible to inform them of your condition.

WHO TO CONTACT

If you have any questions about this study or in the case of an emergency, contact **Andy King** on **01617 911797** during normal business hours.

VOLUNTARY PARTICIPATION/WITHDRAWAL

Your participation in this research study is strictly voluntary. You may refuse to participate or may discontinue participation at any time during the study without penalty or loss of benefits to which you are otherwise entitled. However, you must contact the test facility and inform a clinical staff member of your decision to withdraw from the study.

If you agree to participate in the study, you are also agreeing to provide PCR Corp with accurate information and to follow study instructions as given to you. If you fail to follow study instructions, you may be asked to discontinue participation.

Your participation in the study may be discontinued at any time without your consent by PCR Corp, regulatory agencies, or the sponsoring company for reasons of but not limited to a severe side event and accompanying illness, or if you do not follow study instructions.

NON-DISCLOSURE

As a condition to your participation in the study you are asked not to discuss any information regarding the products that you are testing, your experiences with the products, or your opinion of the products with anyone outside of the testing facility. By your signature on the Consent you are agreeing to abide by this condition of participation.

COMPENSATION

If you agree to participate in this study, you will be paid £ upon completion of the study.

PHOTOGRAPHY AUTHORIZATION

As an additional part of this study, study staff may take photographs or videotape during the study. These photos or videos may be used for the following purposes: training of PCR materials, PCR advertising, documentation of study procedures/results or upon request of the sponsor. By signing this consent form you are giving your authorization for PCR to take, use, reproduce, and distribute these photographs/videotapes taken during your participation in this study.

CONSENT TO PARTICIPATE

I know that my participation in this study is voluntary and that I have the right to refuse to participate. I know that I may withdraw from the study at any time without penalty or loss of benefits to which I am otherwise entitled. If, at the discretion of the Investigator, it is best to discontinue my participation for reasons other than a failure to obey the directions of the study, I will be paid in full or for the portion of the study I have completed once the study is over.

CONSENT

I have read all of the pages of this consent form and have been given an opportunity to ask questions about this study. Answers to such questions (if any) were satisfactory. I am at least eighteen years old and without reservation give my consent to serve as a subject in this study. By signing this form, I have not given up any of my legal rights as a research subject. I will receive a copy of this signed consent document.

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You are making a decision whether or not to participate. Your signature indicates that you have decided to participate, having read the information provided above.

Subject's Name Printed: First	Middle Initial	Last	
Subject's Signature		Date	
Signature of Person Conducting Co	onsent Discussion	Date	
Subject Number			

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APPENDIX 3: PRE-TREATMENT QUESTIONNAIRE

Study Code: NUTUSE11M

FOR OFFIC	E USE	ONLY	
Subject No.			
Initials			
Age			
MALE/FEMALE			

STRICTLY CONFIDENTIAL

Incl	usion Criteria	Yes	No
1	Healthy male and female volunteers aged 40 to 65.		
2	All ethnicities.		
3	All skin types.		
4	Subject has self-assessed symptoms of gas, bloating, heartburn, indigestion.		
5	Subject has not been diagnosed <u>medically</u> with a digestive disorder.		
6	Subject is not currently taking any prescription medications. -Birth control allowed as long as the prescription has not been changed in the last 6 months prior to the start of the study.	0	
7	Subject is not pregnant, trying for pregnancy or breastfeeding.		
8	Subject is not currently using any probiotics, natural digestive enzymes, or microbiome tablets/drinks. -Over the counter antacids allowed.		
9	Subject agrees to sign consent form.		
10	Subject agrees to attend all visits and complete the SPQ.		
11	Subject agrees to use the product as instructed.		
Exc	lusion Criteria	Yes	No
1	Subject has a <u>medically</u> diagnosed digestive disorder.		
2	Subject does not have self-assessed symptoms of gas, bloating, heartburn, indigestion.		
3	Subject changed birth control prescription 6 months prior to study start.		
4	Subject is pregnant, nursing, or planning to become pregnant.		
5	Subject currently uses/takes a probiotic, natural digestive enzymes or microbiome tablets/drinks.		
6	History of malignant disease.		
7	Significant past medical history of hepatic, renal, cardiac, pulmonary, digestive, haematological, neurological, locomotor or psychiatric disease.		
8	History of asthma requiring regular medication.		
9	Known sensitivity/allergy to the test article, similar materials or their constituents.		
10	Current participation in a similar study or with exclusionary requirements that would interfere with this study.		
Prol	nibitions and Restrictions	Yes	No
1	Subject starts a prescription medication course at any point during the course of the study.		
2	Subject starts using/taking a probiotic, natural digestive enzymes or microbiome tablets/drinks.		
3	Subject becomes pregnant.		
4	Subject must use the trial product assigned as instructed.		
5	Subject must attend both visits and complete the SPQ.		

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Have you ever had any skin problems related to the use of any of the following types of material?

Material	Yes	No	When? – Which products? – What happens?
Dietary Supplements			
Digestive aids			
Other Personal Care Products – please specify			

specify			
Questionnaire checked an	d confirmed by:		
Signature		Date	

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APPENDIX 4: SUBJECT INFORMATION SHEET

Study Code: NUTUSE11M

You have agreed to your participation in a home-use trial. By agreeing to participate, you are also agreeing to the following prohibitions and restrictions:

- Subject starts a prescription medication course at any point during the course of the study.
- Subject starts using/taking a probiotic, natural digestive enzymes or microbiome tablets/drinks.
- Subject becomes pregnant.
- Subject must use the trial product assigned as instructed.
- Subject must attend both visits and complete the SPQ.

Day 1, Visit 1 (Baseline)

- You will attend the study facility where informed consent and eligibility will be verified.
- Issue of the test article, along with a diary with daily questions you must answer.
- You are required to use the test article as instructed below.

Day 30, Visit 2 (End of Study)

- You are required to return to the testing facility with your diary and any unused product.
- You will then be asked to complete the end of study questionnaire.

Please follow the usage instructions below:

Take 2 capsules immediately before your largest meal of the day.

Safety Information

Keep out of Reach of Children.

Do not exceed dose.

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APPENDIX 5: INDIVIDUAL SPQS – DATA – FULL DATA

			3.1 have experienced less	4. I have experienced less	5. I have experienced less
6.1.1.1.1	1. I have experienced less				
Subject Number	frequent or less intense gas	frequent or less intense bloat	frequent or less intense		
			heartburn		
1	Agree	Agree	Agree	Agree	Strongly Agree
2	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
3	Strongly Agree	Strongly Agree	Agree	Agree	Agree
4	Agree	Agree	Agree	Agree	Agree
5	Agree	Strongly Agree	Strongly Agree	Agree	Agree
6	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
7	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree
8	Agree	Agree	Agree	Agree	Agree
9					
,	Agree	Agree	Agree	Agree	Agree
10	Agree	Agree	Strongly Agree	Agree	Agree
11	Neither Agree Nor Disagree		Disagree	Neither Agree Nor Disagree	
12	Strongly Agree	Agree	Strongly Agree	Agree	Agree
13	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
14	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
15	Agree	Agree	Neither Agree Nor Disagree	Disagree	Disagree
16	Agree	Agree	Agree	Strongly Agree	Agree
17	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
18	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
19	Neither Agree Nor Disagree	Agree	Strongly Agree	Agree	Strongly Agree
20	Agree	Agree	Agree	Agree	Agree
21	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
22	Neither Agree Nor Disagree	,	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
23	Agree	Agree	Agree	Agree	Agree
24	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
25	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
26	Disagree	Disagree	Agree	Disagree	Disagree
27					
	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
28	Agree	Agree	Agree	Agree	Agree
29	Agree	Agree	Agree	Agree	Agree
30		Neither Agree Nor Disagree	Neither Agree Nor Disagree		Neither Agree Nor Disagree
31	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
32	Strongly Agree	Strongly Agree	Agree	Agree	Agree
33	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
34	Agree	Agree	Agree	Agree	Agree
35	Agree	Strongly Agree	Agree	Agree	Agree
36	Agree	Agree	Agree	Strongly Agree	Strongly Agree
37	Agree	Agree	Agree	Agree	Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
39	Disagree	Neither Agree Nor Disagree	Disagree	Disagree	Neither Agree Nor Disagree
40	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
41	Agree	Agree	Agree	Strongly Agree	Strongly Agree
42	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
43	Agree	Agree	Agree	Agree	Agree
44	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
45	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree
46	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
47	Agree	Strongly Agree	Agree	Strongly Agree	Agree
48	Strongly Agree	Agree	Agree	Agree	Agree
49	Agree	Disagree	Neither Agree Nor Disagree	Agree	Agree
50	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
51	0, 0	Strongly Agree	Agree	Agree	· ·
	Agree		·	•	Strongly Agree
52	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
% Strongly Agree	17.31%		21.15%	19.23%	23.08%
% Agree	57.69%	61.54%	48.08%		
% Neither Agree Nor Disagree	19.23%	15.38%	26.92%		
% Disagree	5.77%		3.85%		
% Strongly Disagree	0.00%		0.00%		
% 10p 2 Kesporises (Strongly Agree + Agree)	75.00%	78.85%	69.23%	75.00%	76.92%

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	6. I have experienced less	7. I have experienced less	8. I have experienced less	9. I have experienced less	10. I have experienced less
Subject Number	frequent or less intense	frequent or less intense acid	stomach acid	flatulence	belching
	digestive discomfort	reflux	sierrideri deld	naroienee	Delet ii ig
1	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
2	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
3	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
4	Agree	Agree	Agree	Agree	Agree
5	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
6	Agree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
8	Agree	Strongly Agree	Strongly Agree	Agree	Agree
9	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Disagree	Disagree
10	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
11	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
12	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
13	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Agree
14	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree
15	Agree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
16	Agree	Agree	Strongly Agree	Agree	Agree
17	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
18	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
19	Strongly Agree	Agree	Agree	Agree	Agree
20	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
21	Strongly Agree	Strongly Agree	Agree	Agree	Strongly Agree
22	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
23	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
24	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
25	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
26	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Disagree
27	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
28	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
29	Agree	Agree	Agree	Agree	Agree
30	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
31	Strongly Agree	Agree	Agree	Strongly Agree	Agree
32	Agree	Agree	Agree	Agree	Agree
33	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
34	Strongly Agree	Agree	Agree	Agree	Agree
35	Agree	Agree	Agree	Strongly Agree	Agree
36	Strongly Agree	Agree	Agree	Agree	Agree
37	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
39	Disagree	Disagree	Disagree	Disagree	Neither Agree Nor Disagree
40	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
41	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
42	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
43	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
44	Agree	Agree	Agree	Agree	Agree
45	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
46	Neither Agree Nor Disagree	Disagree	Disagree	Disagree	Neither Agree Nor Disagree
47	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
48	Agree	Agree	Agree	Agree	Agree
49	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Agree
50	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
51	Agree	Strongly Agree	Agree	Agree	Agree
52	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Neither Agree Nor Disagree
% Strongly Agree	15.38%	25.00%	23.08%	26.92%	23.08%
% Agree		40.38%	40.38%	36.54%	46.15%
% Neither Agree Nor Disagree	26.92%	28.85%	30.77%	25.00%	26.92%
% Disagree		5.77%	5.77%	11.54%	3.85%
% Strongly Disagree		0.00%	0.00%	0.00%	0.00%
		45.000	10.117	10.110	10.000
(Strongly Agree + Agree)	71.15%	65.38%	63.46%	63.46%	69.23%

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	11.1 have experienced less	12. I have experienced less	13. I have experienced less	14. I have experienced less	15. I have experienced less
Subject Number	frequent or less intense	frequent or less intense	frequent or less intense	frequent or less intense	frequent or less intense gas
	dyspepsia			feelings of fullness	pains
1	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
2	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
3	Agree	Agree	Agree	Agree	Agree
4	Agree	Strongly Agree	Strongly Agree	Agree	Agree
5	Neither Agree Nor Disagree	Agree	Agree	Agree	Neither Agree Nor Disagree
6	Agree	Agree	Agree	Agree	Agree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
8	Strongly Agree	Agree	Strongly Agree	Agree	Agree
9	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Agree
10	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
11	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
12	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
13	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
14	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
15	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
16	Agree	Agree	Agree	Agree	Agree
17	Agree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
18 19	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
20	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
20	Agree	Agree	Strongly Agree	Agree	Agree
22	Agree Neither Agree Nor Disagree	Agree Disagree	Agree Neither Agree Nor Disagree	Agree Neither Agree Nor Disagree	Agree Neither Agree Nor Disagree
23	Agree	Agree	Agree	Agree	Agree
24	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
25	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
26	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
27	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
28	Agree	Agree	Agree	Agree	Agree
29	Agree	Agree	Agree	Strongly Agree	Agree
30	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
31	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
32	Agree	Agree	Agree	Strongly Agree	Agree
33	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
34	Agree	Strongly Agree	Agree	Agree	Agree
35	Agree	Strongly Agree	Agree	Strongly Agree	Agree
36	Agree	Agree	Agree	Agree	Strongly Agree
37	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
39	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Disagree	Neither Agree Nor Disagree
40	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
41	Agree	Agree	Agree	Agree	Strongly Agree
42	Agree	Agree	Agree	Agree	Agree
43 44	Strongly Agree	Neither Agree Nor Disagree	Strongly Agree	Agree	Agree
44 45	Agree	Agree	Agree	Strongly Agree	Strongly Agree
45 46	Neither Agree Nor Disagree Neither Agree Nor Disagree	Neither Agree Nor Disagree Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree Agree	Neither Agree Nor Disagree Neither Agree Nor Disagree
46	Strongly Agree	Strongly Agree	Agree Strongly Agree	Strongly Agree	Strongly Agree
48	Agree	Agree	Agree	Agree	Agree
49	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Agree
50	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
51	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
52	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
% Strongly Agree	25.00%	19.23%	26.92%	25.00%	21.15%
% Agree	42.31%	57.69%	53.85%	46.15%	48.08%
% Neither Agree Nor Disagree	32.69%		19.23%	26.92%	28.85%
% Disagree					1.92%
% Strongly Disagree					0.00%
	67.31%	76.92%	80.77%		69.23%
(Strongly Agree + Agree)	67.31%	/6.72%	00.77%	/1.15%	67.23%

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	16. I have been able to eat	17.1 have experienced	18. I have been able to	19.1 did not experience any	20.1 would recommend this
Subject Number	certain foods that I	improved digestion	digest foods I normally		product
	previously avoided	improved digestion	struggle to tolerate		produci
1	Strongly Agree	Strongly Agree	Strongly Agree	Agree	Strongly Agree
2	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
3	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
4	Agree	Agree	Agree	Agree	Agree
5	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
6	Agree	Agree	Agree	Agree	Agree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
8	Agree	Agree	Agree	Agree	Agree
9	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
10	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
11	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
12	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
13	Agree	Neither Agree Nor Disagree	Agree	Agree	Agree
14	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
15	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
16	Agree	Agree	Agree	Strongly Agree	Agree
17	Agree	Agree	Neither Agree Nor Disagree	Agree	Strongly Agree
18	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
19	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Agree
20	Agree	Agree	Agree	Agree	Agree
21	Agree	Agree	Agree	Agree	Agree
22	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
23	Agree	Agree	Agree	Agree	Agree
24	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree
25	Agree	Agree	Agree	Agree	Agree
26	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
27	Strongly Agree	Strongly Agree	Agree	Agree	Strongly Agree
28	Agree	Agree	Agree	Agree	Agree
29	Strongly Agree	Neither Agree Nor Disagree	Agree	Agree	Agree
30	Agree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
31	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
32	Agree	Agree	Agree	Agree	Agree
33	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
34	Agree	Agree	Agree	Strongly Agree	Agree
35	Agree	Agree	Strongly Agree	Agree	Agree
36	Agree	Agree	Agree	Strongly Agree	Agree
37	Agree	Agree	Agree	Agree	Strongly Agree
38	Agree	Strongly Agree	Agree	Agree	Agree
39	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
40	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Agree
41	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
42	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
43	Strongly Agree	Agree	Agree	Strongly Agree	Agree
44	Agree	Agree	Agree	Agree	Agree
45	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
46	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
47	Strongly Agree	Strongly Agree	Strongly Agree	Agree	Agree
48	Agree	Agree	Agree	Agree	Strongly Agree
49	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
50	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
51	Agree	Strongly Agree	Agree	Strongly Agree	Agree
52 or classical design	Strongly Agree	Neither Agree Nor Disagree	Agree	Agree	Strongly Agree
% Strongly Agree	21.15%	19.23%	15.38%	23.08%	17.31%
% Agree	50.00%	51.92%	51.92%	69.23%	55.77%
% Neither Agree Nor Disagree	28.85%	26.92%	32.69%	7.69%	25.00%
% Disagree	0.00%	1.92%	0.00%	0.00%	1.92%
% Strongly Disagree % 10p 2 kesponses			0.00%		0.00%
(Strongly Agree + Agree)			67.31%	92.31%	73.08%

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APPENDIX 6: INDIVIDUAL SPQS – DATA – PLACEBO

Subject Number	1. I have experienced less frequent or less intense gas	2. I have experienced less frequent or less intense bloat	3.1 have experienced less frequent or less intense heartburn	4. I have experienced less frequent or less intense indigestion	5. I have experienced less frequent or less intense gastrointestinal distress
2	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
5	Agree	Strongly Agree	Strongly Agree	Agree	Agree
7	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree
9	Agree	Agree	Agree	Agree	Agree
11	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
13	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
18	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
19	Neither Agree Nor Disagree	Agree	Strongly Agree	Agree	Strongly Agree
24	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
26	Disagree	Disagree	Agree	Disagree	Disagree
29	Agree	Agree	Agree	Agree	Agree
30	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
33	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
35	Agree	Strongly Agree	Agree	Agree	Agree
39	Disagree	Neither Agree Nor Disagree	Disagree	Disagree	Neither Agree Nor Disagree
40	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
42	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
45	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree
46	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
49	Agree	Disagree	Neither Agree Nor Disagree	Agree	Agree
% Strongly Agree	5.00%	10.00%	15.00%	0.00%	10.00%
% Agree	45.00%	40.00%	30.00%	50.00%	40.00%
% Neither Agree Nor Disagree	35.00%	35.00%	45.00%	35.00%	40.00%
% Disagree	15.00%	15.00%	10.00%	15.00%	10.00%
% Strongly Disagree	0.00%	0.00%	0.00%	0.00%	0.00%
% Top 2 Responses					
(Strongly Agree + Agree)	50.00%	50.00%	45.00%	50.00%	50.00%

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Subject Number	6. I have experienced less frequent or less intense digestive discomfort	7.1 have experienced less frequent or less intense acid reflux	8. I have experienced less stomach acid	9.1 have experienced less flatulence	10. I have experienced less belching
2	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
5	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
9	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Disagree	Disagree
11	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
13	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Agree
18	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
19	Strongly Agree	Agree	Agree	Agree	Agree
24	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
26	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Disagree
29	Agree	Agree	Agree	Agree	Agree
30	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
33	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
35	Agree	Agree	Agree	Strongly Agree	Agree
39	Disagree	Disagree	Disagree	Disagree	Neither Agree Nor Disagree
40	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
42	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
45	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
46	Neither Agree Nor Disagree	Disagree	Disagree	Disagree	Neither Agree Nor Disagree
49	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree	Agree
% Strongly Agree	5.00%	0.00%	5.00%	10.00%	5.00%
% Agree	25.00%	30.00%	15.00%	30.00%	30.00%
% Neither Agree Nor Disagree	65.00%	60.00%	65.00%	30.00%	55.00%
% Disagree	5.00%	10.00%	15.00%	30.00%	10.00%
% Strongly Disagree	0.00%	0.00%	0.00%	0.00%	0.00%
% Top 2 Responses					
(Strongly Agree + Agree)	30.00%	30.00%	20.00%	40.00%	35.00%

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Subject Number	11.1 hav e experienced less frequent or less intense dyspepsia	12.1 have experienced less frequent or less intense stomach upset	13.1 have experienced less frequent or less intense stomach aches	14. I have experienced less frequent or less intense feelings of fullness	15. I have experienced less frequent or less intense gas pains
2	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
5	Neither Agree Nor Disagree	Agree	Agree	Agree	Neither Agree Nor Disagree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
9	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Agree
11	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
13	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
18	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
19	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
24	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
26	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
29	Agree	Agree	Agree	Strongly Agree	Agree
30	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
33	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
35	Agree	Strongly Agree	Agree	Strongly Agree	Agree
39	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Disagree	Neither Agree Nor Disagree
40	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
42	Agree	Agree	Agree	Agree	Agree
45	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
46	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
49	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree	Agree
% Strongly Agree	5.00%	10.00%	0.00%	15.00%	5.00%
% Agree	30.00%	50.00%	65.00%	25.00%	35.00%
% Neither Agree Nor Disagree	65.00%	40.00%	35.00%	55.00%	55.00%
% Disagree	0.00%	0.00%	0.00%	5.00%	5.00%
% Strongly Disagree	0.00%	0.00%	0.00%	0.00%	0.00%
% Top 2 Responses					
(Strongly Agree + Agree)	35.00%	60.00%	65.00%	40.00%	40.00%
			<u> </u>		

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Subject Number	16.1 have been able to eat certain foods that I previously avoided	17. I have experienced improved digestion	18. I have been able to digest foods I normally struggle to tolerate	19. I did not experience any negative side effects from taking the product	20. I would recommend this product
2	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
5	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
7	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
9	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
11	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
13	Agree	Neither Agree Nor Disagree	Agree	Agree	Agree
18	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
19	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Agree
24	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Agree
26	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
29	Strongly Agree	Neither Agree Nor Disagree	Agree	Agree	Agree
30	Agree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
33	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
35	Agree	Agree	Strongly Agree	Agree	Agree
39	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Disagree
40	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Agree
42	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
45	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
46	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
49	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
% Strongly Agree	15.00%	0.00%	15.00%	10.00%	5.00%
% Agree	20.00%	35.00%	25.00%	70.00%	40.00%
% Neither Agree Nor Disagree	65.00%	60.00%	60.00%	20.00%	50.00%
% Disagree	0.00%	5.00%	0.00%	0.00%	5.00%
% Strongly Disagree	0.00%	0.00%	0.00%	0.00%	0.00%
% Top 2 Responses					
(Strongly Agree + Agree)	35.00%	35.00%	40.00%	80.00%	45.00%

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APPENDIX 7: INDIVIDUAL SPQS - DATA - TEST ARTICLE

Subject Number	1.1 have experienced less frequent or less intense gas	2.1 have experienced less frequent or less intense bloat	3. I have experienced less frequent or less intense heartburn	4. I have experienced less frequent or less intense indigestion	5. I have experienced less frequent or less intense gastrointestinal distress
,				3	<u> </u>
l a	Agree	Agree	Agree	Agree	Strongly Agree
3	Strongly Agree	Strongly Agree	Agree	Agree	Agree
4	Agree	Agree	Agree	Agree	Agree
6	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
8	Agree	Agree	Agree	Agree	Agree
10	Agree	Agree	Strongly Agree	Agree	Agree
12	Strongly Agree	Agree	Strongly Agree	Agree	Agree
14	Neither Agree Nor Disagree	Agree	, , ,	Neither Agree Nor Disagree	, ,
15	Agree	Agree	Neither Agree Nor Disagree	Disagree	Disagree
16	Agree	Agree	Agree	Strongly Agree	Agree
17	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
20	Agree	Agree	Agree	Agree	Agree
21	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
22	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
23	Agree	Agree	Agree	Agree	Agree
25	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree
27	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
28	Agree	Agree	Agree	Agree	Agree
31	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
32	Strongly Agree	Strongly Agree	Agree	Agree	Agree
34	Agree	Agree	Agree	Agree	Agree
36	Agree	Agree	Agree	Strongly Agree	Strongly Agree
37	Agree	Agree	Agree	Agree	Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
41	Agree	Agree	Agree	Strongly Agree	Strongly Agree
43	Agree	Agree	Agree	Agree	Agree
44	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
47	Agree	Strongly Agree	Agree	Strongly Agree	Agree
48	Strongly Agree	Agree	Agree	Agree	Agree
50	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
51	Agree	Strongly Agree	Agree	Agree	Strongly Agree
52	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
% Strongly Agree	25.00%	21.88%	25.00%	31.25%	31.25%
% Agree	65.63%	75.00%	59.38%	59.38%	62.50%
% Neither Agree Nor Disagree	9.38%	3.13%	15.63%	6.25%	3.13%
% Disagree	0.00%	0.00%	0.00%	3.13%	3.13%
% Strongly Disagree % 10p 2 Nesponses	0.00%	0.00%	0.00%	0.00%	0.00%
(Strongly Agree + Agree)	90.63%	96.88%	84.38%	90.63%	93.75%

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Subject Number	6. I have experienced less frequent or less intense digestive discomfort	7.1 have experienced less frequent or less intense acid reflux	8.1 have experienced less stomach acid	9. I have experienced less flatulence	10. I have experienced less belching
1	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
3	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
4	Agree	Agree	Agree	Agree	Agree
6	Agree	Neither Agree Nor Disagree	Agree	Agree	Neither Agree Nor Disagree
8	Agree	Strongly Agree	Strongly Agree	Agree	Agree
10	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
12	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
14	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree
15	Agree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
16	Agree	Agree	Strongly Agree	Agree	Agree
17	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
20	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
21	Strongly Agree	Strongly Agree	Agree	Agree	Strongly Agree
22	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree
23	Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
25	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
27	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
28	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
31	Strongly Agree	Agree	Agree	Strongly Agree	Agree
32	Agree	Agree	Agree	Agree	Agree
34	Strongly Agree	Agree	Agree	Agree	Agree
36	Strongly Agree	Agree	Agree	Agree	Agree
37	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
41	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
43	Agree	Agree	Agree	Neither Agree Nor Disagree	Agree
44	Agree	Agree	Agree	Agree	Agree
47	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree
48	Agree	Agree	Agree	Agree	Agree
50	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree
51	Agree	Strongly Agree	Agree	Agree	Agree
52	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Neither Agree Nor Disagree
% Strongly Agree	21.88%	40.63%	34.38%	37.50%	34.38%
% Agree	75.00%	46.88%	56.25%	40.63%	56.25%
% Neither Agree Nor Disagree	3.13%	9.38%	9.38%	21.88%	9.38%
% Disagree	0.00%	3.13%	0.00%	0.00%	0.00%
% Strongly Disagree % 10p 2 Kesponses	0.00%	0.00%	0.00%	0.00%	0.00%
(Strongly Agree + Agree)	96.88%	87.50%	90.63%	78.13%	90.63%

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					The state of the s
	11. I have experienced less	12. I have experienced less	13. I have experienced less	14. I have experienced less	· ·
Subject Number	frequent or less intense	frequent or less intense gas			
	dyspepsia	stomach upset	stomach aches	feelings of fullness	pains
1	Strongly Agree				
3	Agree	Agree	Agree	Agree	Agree
4	Agree	Strongly Agree	Strongly Agree	Agree	Agree
6	Agree	Agree	Agree	Agree	Agree
8	Strongly Agree	Agree	Strongly Agree	Agree	Agree
10	Strongly Agree				
12	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
14	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree
15	Neither Agree Nor Disagree				
16	Agree	Agree	Agree	Agree	Agree
17	Agree	Agree	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
20	Agree	Agree	Strongly Agree	Agree	Agree
21	Agree	Agree	Agree	Agree	Agree
22	Neither Agree Nor Disagree	Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Neither Agree Nor Disagree
23	Agree	Agree	Agree	Agree	Agree
25	Neither Agree Nor Disagree	Agree	Agree	Agree	Agree
27	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
28	Agree	Agree	Agree	Agree	Agree
31	Strongly Agree	Agree	Strongly Agree	Agree	Strongly Agree
32	Agree	Agree	Agree	Strongly Agree	Agree
34	Agree	Strongly Agree	Agree	Agree	Agree
36	Agree	Agree	Agree	Agree	Strongly Agree
37	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Agree
38	Agree	Agree	Strongly Agree	Agree	Strongly Agree
41	Agree	Agree	Agree	Agree	Strongly Agree
43	Strongly Agree	Neither Agree Nor Disagree	Strongly Agree	Agree	Agree
44	Agree	Agree	Agree	Strongly Agree	Strongly Agree
47	Strongly Agree				
48	Agree	Agree	Agree	Agree	Agree
50	Strongly Agree	Agree	Strongly Agree	Strongly Agree	Strongly Agree
51	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Agree
52	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree
% Strongly Agree	37.50%	25.00%	43.75%	31.25%	31.25%
% Agree	50.00%	62.50%	46.88%	59.38%	56.25%
% Neither Agree Nor Disagree	12.50%	9.38%	9.38%	9.38%	12.50%
% Disagree	0.00%	3.13%	0.00%	0.00%	0.00%
% Strongly Disagree % 10p z kesponses	0.00%	0.00%	0.00%	0.00%	0.00%
(Strongly Agree + Agree)	87.50%	87.50%	90.63%	90.63%	87.50%

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Subject Number 16. I have been able to eat certain foods that I previously avoided		17. I have experienced improved digestion	18. I have been able to digest foods I normally struggle to tolerate	19. I did not experience any negative side effects from taking the product	20. I would recommend this product	
1	Strongly Agree	Strongly Agree	Strongly Agree	Agree	Strongly Agree	
3	Agree	Agree	Neither Agree Nor Disagree	Agree	Agree	
4	Agree	Agree	Agree	Agree	Agree	
6	Agree	Agree	Agree	Agree	Agree	
8	Agree	Agree	Agree	Agree	Agree	
10	Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree	
12	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree	
14	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	
15	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	
16	Agree	Agree	Agree	Strongly Agree	Agree	
17	Agree	Agree	Neither Agree Nor Disagree	Agree	Strongly Agree	
20	Agree	Agree	Agree	Agree	Agree	
21	Agree	Agree	Agree	Agree	Agree	
22	Agree	Neither Agree Nor Disagree	Neither Agree Nor Disagree	Agree	Neither Agree Nor Disagree	
23	Agree	Agree	Agree	Agree	Agree	
25	Agree	Agree	Agree	Agree	Agree	
27	Strongly Agree	Strongly Agree	Agree	Agree	Strongly Agree	
28	Agree	Agree	Agree	Agree	Agree	
31	Strongly Agree	Strongly Agree	Agree	Strongly Agree	Strongly Agree	
32	Agree	Agree	Agree	Agree	Agree	
34	Agree	Agree	Agree	Strongly Agree	Agree	
36	Agree	Agree	Agree	Strongly Agree	Agree	
37	Agree	Agree	Agree	Agree	Strongly Agree	
38	Agree	Strongly Agree	Agree	Agree	Agree	
41	Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree	
43	Strongly Agree	Agree	Agree	Strongly Agree	Agree	
44	Agree	Agree	Agree	Agree	Agree	
47	Strongly Agree	Strongly Agree	Strongly Agree	Agree	Agree	
48	Agree	Agree	Agree	Agree	Strongly Agree	
50	Strongly Agree	Strongly Agree	Strongly Agree	Strongly Agree	Agree	
51	Agree	Strongly Agree	Agree	Strongly Agree	Agree	
52	Strongly Agree	Neither Agree Nor Disagree	Agree	Agree	Strongly Agree	
% Strongly Agree	25.00%	31.25%	15.63%	31.25%	25.00%	
% Agree	68.75%	62.50%	68.75%	68.75%	65.63%	
% Neither Agree Nor Disagree	6.25%	6.25%	15.63%	0.00%	9.38%	
% Disagree	0.00%	0.00%	0.00%	0.00%	0.00%	
% Strongly Disagree % 10p 2 Kesponses	0.00%	0.00%	0.00%	0.00%	0.00%	
(Strongly Agree + Agree)	93.75%	93.75%	84.38%	100.00%	90.63%	

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APPENDIX 8: DIARY DATA - FULL DATA

	Questions	Week I							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
1	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	Less Bloating	Less Bloating	Less Bloating	
	Notes/ Adverse Effects	INO	INO	INO	INO	NO	140	INO	
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No Less heartburn	No Less Heartburn	No No	Less Gas less heartburn	
	Notes/ Adverse Effects	NO	NO	NO	ress ueariboni	Less neuriburi	NO	less riedribum	
	Do you notice less Gas or Bloating ?	No Difference	No Difference	No Difference	No Difference	Less Gas	Less Gas and Bloating	Less Gas	
	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	Less heartburn	Less heartburn	Less Heartburn	No Difference	No Difference	
	Notes/ Adverse Effects								
5	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No	
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
6	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
	Do you notice less Gas or Bloating & Do you notice less Heartburn or Indigestion?	No	No	No	No	No No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	No	No	Yes	No	No	No	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
10	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	Yes Yes	Yes Yes	Yes Yes	
	Notes/ Adverse Effects	INO	NO	NO	INO	ies	ies	162	
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	Yes	Yes	No	No	
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
13	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
14	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	No	No	No	Van	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
16	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	Yes No	Yes No	
	Notes/ Adverse Effects	110	110	140	110	140	140	140	
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No Yes	No No	No No	No Yes	
	Notes/ Adverse Effects	INU	INO	INO	ies	INO	INO	162	
	Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	less heartburn	less heartburn	
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	Yes	
	Notes/ Adverse Effects		11-		11.				
24	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No.	No No	No No	No No	No No	
	Notes/ Adverse Effects	INO	110	No	110	140	140	140	
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	Yes	No	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	No	No	No	No	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	Yes	Yes	Yes	

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Subject Number	Questions				Week 1			
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
27	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects		No	No	No	No		No
28	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	Yes	No Yes	Yes
20	Notes / Adverse Effects	140	140	140	140	163	163	103
	Do you notice less Gas or Bloating ?	No Difference	No Difference	No Difference	No Difference	No Difference	Less Bloating	Less Gas and Bloating
29	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	No Difference	Less heartburn	Less Heartburn	less heartburn	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
30	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes
31	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	No	No
32	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects	No	No	No	No	No	No	No
33	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No	No	No No	No No	No	No No	No No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	No	Yes
34	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
25	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No No
35	Notes/ Adverse Effects	No	No	No	No	No	110	110
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes
36	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No Difference	No Difference	No Difference	No Difference	Less Bloating	Less Bloating	Less Bloating
37	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	No Difference	No Difference	No Difference	less heartburn	less heartburn
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	No	No	No	No	Yes	Yes
38	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
39	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects	No.	Nr.	Nr.	Nr.	No.	h1-	NI.
40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No No
	Notes/ Adverse Effects	140	140	140	140	140	140	110
	Do you notice less Gas or Bloating ?	No	No	No	No	Less Gas	Less Gas	Less Gas
41	Do you notice less Heartburn or Indigestion?	No	No	No	No	Less Indigestion	no	no
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
42	Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No No
42	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No		No	No	No
42	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?				No No No			No No Yes No
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No No No	No No	No No	No No	Yes No	Yes Yes	Yes No
43	Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No	No No No	No No No Yes	No No Yes	No Yes No Yes	No Yes Yes Yes	Yes No
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating?	No No No	No No	No No	No No	Yes No	Yes Yes	Yes No
43	Do you notice less Hearthourn or Indigestion? Notes/ Adv arse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adv aree Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Advance Effects Notes/ Advance Effects	No No No	NO NO NO NO NO	No No No Yes Yes	No No Yes Yes	No Yes No Yes Yes	No Yes Yes Yes	No Yes No Yes Yes
43 44	Do you notice less Hearthourn or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notest, Adverse Effects Notest, Adverse Effects Do you notice less Gas or Bloating ?	No No No	No No No No No No	No No No Yes	No No Yes	No Yes No Yes	No Yes Yes Yes	No Yes No Yes Yes No No No
43	Do you notice less Hearthourn or Indigestion? Notes/ Adv arse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adv aree Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Advance Effects Notes/ Advance Effects	NO	NO NO NO NO NO	NO NO NO Yes Yes NO	No No Yes Yes	No Yes No Yes No Yes Yes You	No Yes Yes Yes Yes No	No Yes No Yes Yes
43 44 45	Do you notice less Heartburn or Indigestion? Notes/ Adv ares Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO	No N	NO NO NO Yes Yes NO	No No Yes Yes	No Yes No Yes No Yes Yes You	No Yes Yes Yes Yes No	Yes No
43 44	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO	No	NO NO NO Yes Yes NO NO NO	No No Yes Yes	No Yes No Yes Yos No No No No	Yes Yes Yes Yes No	Yes No Yes Yes No No No No No No
43 44 45	Do you notice less Hearthourn or Indigestion? Notes/ Adv ares Effects Do you notice less Gas ar Bloating ? Do you notice less Gas ar Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adverse Effects Do you notice less Gas ar Bloating ? Do you notice less Gas ar Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthourn or Indigestion? Notes/ Adverse Effects Do you notice less Gas ar Bloating ? Do you notice less Hearthourn or Indigestion? Notes/ Adverse Effects	NO N	NO N	NO N	No No No Yes Yes No	No Yes No Yes No No No No No No No No	Yes Yes Yes Yes No No No No	Yes No Yes Yes No No No No No No
43 44 45	Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ?	No N	No N	No N	No No No Yes Yes No No No No	No Yes Yos No	No	Yes No Yes No Yes
43 44 45	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	NO N	No No No Yes Yes No	No Yes No Yes No No No No No No No No	Yes Yes Yes Yes No No No No	Yes No Yes Yes No No No No No No
43 44 45	Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Notest Adverse Effects	No N	No N	No No No Yes Yes No	No No No Yes Yes No No No No	No Yes Yos No	No	Yos No Yos No No No No No No No
43 44 45	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion?	NO N	No N	No N	No No No Yes Yes No No No No	No Yes Yes No	No Yes Yes No	Yes No Yes No Yes
43 44 45 46	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Notes/ Adverse Effects	NO N	NO N	No No No Yes Yes No No No No No Less Gas and Bloating	No N	No	No	No Yes No Less Gas and Bladling
43 44 45 46 47	Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects	NO N	NO N	No No No No Yes Yes No	No N	No Yes No Yes No	No Yes Yes No	Yes Yes Yes No
43 44 45 46	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	NO N	NO N	No No No Yes Yes No	No No No Yes Yes No	No Yes Yes No No No No No No No No Less Gas No	No Yes Yes No	Yos No Yes No No No No No No No No Less Gas and Bloating No
43 44 45 46 47	Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Hearthourn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ?	NO N	NO N	No N	No N	No Yes No No Yes No	Yes Yes Yes Yes No	No Yes No
43 44 45 46 47 48	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	No No No Yes Yes No	No No No No Yes Yes Yes No	No Yes No	No Yes Yes Yes No N	No Yes No
43 44 45 46 47	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	No N	No N	No Yes No No Yes No	Yes Yes Yes Yes No	No Yes No
43 44 45 46 47 48	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	No No No Yes Yes No	No No No No Yes Yes Yes No	No Yes No	No Yes Yes Yes No N	Yes Yes No
43 44 45 46 47 48	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	NO N	NO N	No No No Yes Yes No	No	No Yes No	No Yes Yes No	Yes Yes No
43 44 45 46 47 48 49	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	No N	No	No Yes Yos No	No Yes Yes Yes No	No Yes Yes No
43 44 45 46 47 48 49 50	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	NO N	NO N	No No No Yes Tes No	No N	No Yes No	No Yes	No Yes No
43 44 45 46 47 48 49	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	NO N	No N	No	No Yes Yos No	No Yes Yes Yes No	No Yes Yes No

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Subject Number	Questions				Week 2			
	Developed to the Control Physics of	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
1	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	less bloating No	Less Gas and Bloating No	less gas Less heartburn	less bloating No	Less Gas and Bloating	Less Gas Less heartburn	Less Gas less heartburn and indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	Yes
2	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloatina
3	Do you notice less Heartburn or Indigestion?	Less Heartburn	No	No	Less Indigestion	No		less heartburn and indigestion
	Notes/ Adverse Effects							
4	Do you notice less Gas or Bloating ?	Less Gas and Bloating Less heartburn	Less Gas and Bloating	Less Gas and Bloating Less heartburn and indigestio	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating
4	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Less nearrourn	Less nearrourn and indigestic	Less neartburn and indigestio	Less neartourn and indigestio	Less nearrourn and indigestio	Less neartburn and indigestio	less inalgestion
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
5	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
6	Do you notice less Gas or Bloating & Do you notice less Heartburn or Indigestion?	Yes	No	Yes	Yes	Yes		Yes
Ů	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No		No
7	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No
	Do you notice less Gas or Bloating ?	No	no	Yes	Yes	Yes	Yes	Yes
8	Do you notice less Heartburn or Indigestion?	No	No	No No	No	Yes		No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	No	No	No	Yes		Yes
9	Do you notice less Heartburn or Indigestion? Notes / Adverse Effects	No	No	No	No	No	No	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
10	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes		Yes
	Notes/ Adverse Effects							
11	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No Yes
"	Notes/ Adverse Effects	140	110	140	110	INO	INO	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes		Yes
12	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	No	Yes	Yes
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	Vor	Voc	Vor	Yes	Voc	Yes
13	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	Yes	Yes	Yes	Yes		Yes
14	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
15	Do you notice less Heartburn or Indigestion?	No	No	No	No	No		No
	Notes/ Adverse Effects							
16	Do you notice less Gas or Bloating ?	No No	No No	No No	No No	Yes No		Yes No
10	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	NO	INO	INO	INO	NO	NO	NO
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
17	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating?	No	No	No	No	Nie	Nie	No
18	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No		No No
- 10	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	Yes	No	Yes	No	No	No
19	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
20	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes		Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No No	No	less gas	less bloating	No		Less Bloating
21	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	Less heartburn	Less Indigestion	Less heartburn and indigestio	ress uedubnu	less heartburn and indigestion
	Do you notice less Gas or Bloating ?	No	No	Yes	No	No	No	No
22	Do you notice less Heartburn or Indigestion?	No	No	Yes	No	No		No
	Notes/ Adverse Effects							
23	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes Yes	Yes No	Yes Yes	Yes Yes	Yes No		Yes No
	Notes/ Adverse Effects	103		103	103			
	Do you notice less Gas or Bloating ?	No	Less Gas	No	No	No		No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects Do you paticallers Gat or Blogting 2	Yes	Vor	Voc	Yes	Yer	Yes	Yes
25	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes No	Yes Yes	Yes Yes	Yes No	Yes Yes	Yes Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
26	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							

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					Week 2			
Subject Number	Questions	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes
27	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes	No	No
28	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas and Bloating	Less Gas	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas
29	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Less heartburn and indigestic	Less heartburn and indigestic	Less heartburn	Less Indigestion	Less heartburn and indigestio	Less heartburn and indigestio	less heartburn and indigestion
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
30	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	No
31	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes
32	Do you notice less Heartburn or Indigestion?	No	No.	Yes	Yes	No.	Yes	Yes
52	Notes/ Adverse Effects	110	110	103	103	110	103	103
	Do you notice less Gas or Bloating ?	Yes	No	Yes	No	No	Yes	No
33	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	No	No	Yes	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	Yes	Yes	Yes	Yes	Yes	Yes
34	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes / Adverse Effects	No	Yes	Yes	Yes	Yes	Yes	Yes
35	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
36	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	less bloating	Less Gas and Bloating	Less Gas	less bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
37	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	Less heartburn	Less Indigestion	Less heartburn and indigestio	Less heartburn	less heartburn and indigestion
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
38	Do you notice less Gas or Bloating (Do you notice less Heartburn or Indigestion?	No No	Yes	No No	Yes	Yes	Yes	Yes
30	Notes/ Adverse Effects	110	103	110	103	103	103	103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
39	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
40	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	Less Gas	No	Less Gas	Less Gas and Bloating	Less Gas and Bloatina	Less Bloatina	Less Gas and Bloatina
41	Do you notice less Heartburn or Indigestion?	No	Less Indigestion	Less heartburn	Less Indigestion	Less heartburn	Less heartburn	less heartburn and indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes
42	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	Yes No	Yes No		Yes No	Yes No	Yes No
42	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	Yes No	No		No
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No Yes	No Yes	No Yes	Yes No Yes	No Yes	Yes No	No Yes
42	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No	No	No	Yes No	No		No
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Notes/ Adverse Effects	Yes Yes	Yes No	Yes No	Yes No Yes Yes	Yes Yes	Yes No	Yes No
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No Yes Yes Yes	No Yes No Yes	Yes No	Yes No Yes Yes	Yes Yes Yes	Yes No Yes	No Yes No Yes
43	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Notes/ Adverse Effects	Yes Yes	Yes No	Yes No	Yes No Yes Yes	Yes Yes	Yes No	Yes No
43	Do you notice less Gas at Bloating ? Do you notice less Heartbum or indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	No Yes Yes Yes Yes No	No Yes No Yes Ves No No No	No Yes No Yes Yes No No No No	Yes No Yes Yes Yes Yes No	No Yes Yes Yes Yes No	Yes No Yes	No Yes No Yes No Yes No No No
43	Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ?	No Yes Yes Yes	No Yes No Yes Yes	No Yes No Yes Yes Yes	Yes No Yes Yes Yes Yes Yes	No Yes Yes Yes Yes	Yes No Yes	No Yes No Yes Yes Yes
43 44	Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Notes/ Adverse Effects	No Yes Yes Yes Yes No No	No Yes No Yes No No No No No	No Yes No Yes Yes No No No No	Yes No Yes Yes Yes Yes No No No No No No No	No Yes Yes Yes Yes No No	Yes No Yes Yes No No	No Yes No Yes Yes Yes Yes
43 44 45	Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adv erse Effect Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adv erse Effect Do you notice less Gas or Bloating ? Notest Adverse Effects Notest Adverse Effects Do you notice less Gas or Bloating ? Notest Adverse Effects	No Yes Yes Yes No No No	No Yes No Yes No No No No No No No	No Yes No Yes No No No No No No	Yes No Yes Yes Yes No No No No No No	No Yes Yes Yes No No No	Yes No Yes Yes	No Yes No Yes No No Yes Yes No No No No No
43 44	Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion?	No Yes Yes Yes Yes No No	No Yes No Yes No No No No No	No Yes No Yes Yes No No No No	Yes No Yes Yes Yes Yes No No No No No No No	No Yes Yes Yes Yes No No	Yes No Yes Yes No No	No Yes No Yes Yes Yes Yes
43 44 45	Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adv arse Effect Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adv arse Effect Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adv ares Effect Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adv ares Effect Do you notice less Hearthurn or Indigestion? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adv ares Effects	No	No	No	Yes No	No Yes Yes Yos No No No No No	Yes No Yes Yes No	No
43 44 45	Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Heartbum or Indigestion? Notes/ Adv ense Effects Do you notice less Gas or Blooting ? Do you notice less Heartbum or Indigestion?	No Yes Yes Yes No No No	No Yes No Yes No No No No No No No	No Yes No Yes No No No No No No	Yes No Yes Yes Yes No No No No No No	No Yes Yes Yes No No No	Yes No Yes Yes No No	No Yes No Yes No No Yes Yes No No No No No
43 44 45	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion?	No	No	No	Yes No Yes Yes Yes No No No No No No No No No Yes Yes	No	Yes No Yes Yes No Yes No No No No No No Yes	No
43 44 45 46 47	Do you notice less Gas or Bloating ? Do you notice less Hacertburn or Indigestion? Notes / Adv arse Effect Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hacertburn or Indigestion? Notes / Adv arse Effects Do you notice less Hacertburn or Indigestion? Notes / Adv aree Effects Do you notice less Hacertburn or Indigestion? Notes / Adv aree Effects Do you notice less Hacertburn or Indigestion? Notes / Adv aree Effects Do you notice less Gas or Bloating ? Do you notice less Hacertburn or Indigestion? Notes / Adv aree Effects Notes / Adv aree Effects Do you notice less Hacertburn or Indigestion? Notes / Adv aree Effects Do you notice less Gas or Bloating ?	No Yes Yes Yes No No No No No Les Yes Yes Less Gos	No Yes No Yes No No No No No No No No Less Gas and Bloating	No	Yes No Yes Yes Yes Yes No No No No No Less Gas and Bloating	No Yes Yes Yes No No No No No Less Gos	Yes No Yes Yes No No No No No No Ees Ges and Bloating	No Yes Yes No No No No No No No Yes Loss Gos
43 44 45	Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ?	No	No Yes No Yes No	No	Yes No Yes Yes Yes Yes No No No No No Less Gas and Bloating	No	Yes No	No
43 44 45 46	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Notes/ Adverse Effects	No Yes Yes Yes No No No No No Les Yes Yes Less Gos	No Yes Yes No No No No No No Less Gas and Bloating Less Heartburn and Indigestic	No Yes Yes No No No No No Ves Yes Less Gas Less Heartburn and Indigestic	Yes No Yes Yes Yes Yes No No No No No Less Gas and Bloating	No Yes Yes Yes No No No No Less Gas Less Heartburn	Yes No Yes Yes No No No No No No Ees Ges and Bloating	No Yes Yes No No No No No No Yes Less Gas Less Indigestion
43 44 45 46 47	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Heartburn or Indigestion? Notest Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notest Adverse Effects	No Yes Yes Yes No No No No No Les Yes Yes Less Gos	No Tes No	No Yes Yes No No No No No No Less Gas Less Heartburn and Indigestic	Yes No Yes Yes Yes Yes No No No No No No No Ses Gas and Bloating Less Indigestion No No	No Yes Yes Yes No No No No So	Yes Yes Yes No	No Yes No Yes No No No No Yes No No Yes Less Gas Less Indigestion Yes
43 44 45 46	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Blooting ?	No Yes Yes Yes No No No No No Les Yes Yes Less Gos	No Yes Yes No No No No No No Less Gas and Bloating Less Heartburn and Indigestic	No Yes Yes No No No No No Ves Yes Less Gas Less Heartburn and Indigestic	Yes No Yes Yes Yes Yes No No No No No Less Gas and Bloating	No Yes Yes Yes No No No No Less Gas Less Heartburn	Yes No Yes Yes No No No No No No Ees Ges and Bloating	No Yes Yes No No No No No No Yes Less Gas Less Indigestion
43 44 45 46 47	o you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	No Yes Yes Yes No No No No No Les Yes Yes Less Gos	No Yes No	No Yes Yes No No No No No No Less Gas Less Heartburn and Indigestic	Yes No Yes Yes Yes Yes No No No No No No No Ses Gas and Bloating Less Indigestion No No	No Yes Yes Yes No No No No So	Yes Yes Yes No	No Yes No No Yes No No Yes No No Yes Less Gas Less Indigestion Yes Yes
43 44 45 46 47	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Blooting ?	No	No Tes No	Yes No Yes Yes No No No No No No Less Gos Less Heartburn and Indigestic No	Yes No Yes Yes Yes Yes No	No Yes Yes Yes No No No No No Less Gas Less Heartburn No Yes	Yes No	No Yes No Yes No No No No Yes No No Yes Less Gas Less Indigestion Yes
43 44 45 46 47 48	o you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ?	No Yes Yes Yes No No No No No Ves Yes Less Gas Less Indigestion No No	No Yes No	No Yes No	Yes No Yes Yes Yes Yes No	No Yes Yes No	Yes No Yes No	No Yes No
43 44 45 46 47 48 49	Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effect Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effect Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effect Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	Yes Yes Yes No	No Yes No Yes No	Yes No Yes Yes No	Yes No Yes Yes Yes Yes No	No Yes Yes Yes No No No No No Less Gas Less Heartburn No Yes Yes Yes Yes Yes Yes Yes	Yes Yes Yes No	No Yes No Yes No Yes Less Gas Less Indigestion Yes Yes Yes Yes Yes
43 44 45 46 47 48	Do you notice less Gas or Blooting ? Do you notice less Heartburn or indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ?	No Yes Yes Yes No	No Yes No	No Yes No	Yes No Yes Yes Yes Yes No	No Yes Yes Yes No	Yes No Yes No	No Yes No
43 44 45 46 47 48 49	Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effect Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No Yes Yes Yes No	No Yes No	No Yes No	Yes No Yes Yes Yes Yes No	No Yes Yes Yos No	Yes Yes Yes Yes No No No No No No No No No Yes Yes Yes Less Gas and Bloating Less Heartburn No Yes Yes Yes Yes Yes	No Yes Yes No
43 44 45 46 47 48 49 50	o you notice less Gas or Blooting ? Do you notice less Heartburn or indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Gas or Blooting ? Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Heartburn or indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blooting ? Notes/ Adverse Effects	No Yes Yes Yes No	No Yes No	No Yes No	Yes	No Yes Yes Yes No Yes Ses Gas Less Gas Less Heartburn No Yes Yes Yes Yes	Yes No	No Yes Yes No No No No No No Yes No No No No No Yes Less Gas Less Gas Less Indigestion Yes Yes Yes Yes Yes Yes
43 44 45 46 47 48 49	Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adv erse Effect Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No Yes Yes Yes No	No Yes No	No Yes No	Yes No Yes Yes Yes Yes No	No Yes Yes Yos No	Yes Yes Yes Yes No No No No No No No No No Yes Yes Yes Less Gas and Bloating Less Heartburn No Yes Yes Yes Yes Yes	No Yes Yes No

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Subject Number	Questions				Week 3			
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	less Gas	Less Gas and Bloating	Less Gas and Bloating	less gas	less gas	Less Gas and Bloating	Less Gas
1	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn	Less heartburn	Less heartburn	No	No	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	Yes	Yes	No	No
2	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas	Less Bloating	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas
3	Do you notice less Heartburn or Indigestion?	Less heartburn	Less Heartburn	Less heartburn and indigestio	Less heartburn and indigestic	Less Indigestion	No	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
4	Do you notice less Heartburn or Indigestion?	Less heatburn and indigestion	Less Heartburn	Less heartburn and indigestio	Less heartburn and indigestic	Less heartburn and indigestio	Less Heartburn	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	Yes	No	No	Yes	Yes	Yes
5	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	Yes	No
6	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects						-	
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
7	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects	Vo.			V	V	v.	W
	Do you notice less Gas or Bloating ?	Yes	res	res	Yes	Yes	Yes	Yes
8	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	No	No	Yes
	Do you notice less Gas or Bloating?	Yes	Tes No.	Yes	Yes	Yes	Yes	Yes
9	Do you notice less Heartburn or Indigestion?	162	140	Yes	INO	Yes	No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
20		No No	Yes	Yes	Yes			Yes
10	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	140	ies	ies	ies	Yes	Yes	ies
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
11	Do you notice less Gas of Blodling (Do you notice less Heartburn or Indigestion?	No	No.	No	No	No	Yes	No
11	Notes/ Adverse Effects	140	140	140	140	140	163	140
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
12	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
12	Notes/ Adverse Effects	103	103	103	103	103	103	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
13	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
14	Do you notice less Heartburn or Indigestion?	Yes	No	No	No	no	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
15	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
16	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
17	Do you notice less Heartburn or Indigestion?	Yes	No	No	No	No	Yes	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
18	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
19	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	Ve -	V		Ma .	Ve.	Ve.	V.
	Do you notice less Gas or Bloating ?	Yes	res	No	Yes	Yes	Yes	Yes
20	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	No	Yes
	Notes/ Adverse Effects		to a Comment No. of the				Land Comment No. of the	
	Do you notice less Gas or Bloating?	Less Gas	Less Gas and Bloating	Less Gas and Bloating	less gas	No No	Less Gas and Bloating	Less Gas
21	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Less heartburn	Less heartburn	Less heartburn	Less heartburn	No	less indigestion	less heartburn
		No	No	No	No	No	No	Yes
22	Do you notice less Gas or Bloating ?	No No	No No	Yes	Yes	No No	No No	Yes
22	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	140	110	103	103	140	140	163
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
23	Do you notice less das of blodling v Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	No	Yes	Yes
25	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Less Gas	No	No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
25	Do you notice less Heartburn or Indigestion?	Yes	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
26	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							

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Company Comp						Week 3			
20	Subject Number	Questions	David.	Davi 2	Down 2		Down 5	Don't	Dav. 7
1 2 2 2 2 2 2 2 2 2		De veu pelies les Cas ex Blastica 2							
Method According (1999)	27								
1 10 10 10 10 10 10 10	21		res	res	res	res	tes	res	res
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Second Content and Industrial or independent of the Content of t		Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
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20 20 you notice les insertations of indigenations 26 in New York			less Gas	Less Gas and Bloatina	Less Gas and Bloatina	less gas	less aas	Less Gas and Bloatina	Less Gas and Bloatina
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Do you notice less Gas or Bloating ? Ves V	40 41 42 43 44 45 46 47	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes Yes No No No No No No Less Gas and Bloating Less Heartburn Yes	Yes No Less Gas and Bloating less heartburn and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes Less pas Less hearthum Yes No Yes	Yes No No less heartburn and indigestion Yes Yes Yes Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes No No No No Less Bloating Less Indigestion No	Yes No Less Gas Less Gas Less Hoortburn Yes Yes Yes No
Do you notice less Heartburn or Indigestion Yes Yes Yes Yes Yes Yes Yes Yes No Yes	40 41 42 43 44 45 46 47	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes Yes No No No No No No Less Gas and Bloating Less Heartburn Yes	Yes No Less Gas and Bloating less heartburn and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes Less pas Less hearthum Yes No Yes	Yes No No less heartburn and indigestion Yes Yes Yes Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes No No No No Less Bloating Less Indigestion No	Yes No Less Gas Less Gas Less Houriburn Yes Yes Yes No
Notes/ Adverse Effects	40 41 42 43 44 45 46 47	Notes/ Adverse Effects De you notice less Gas or Bloating ? De you notice less Gas or Bloating ? De you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes Yes No No No No No No Less Gas and Bloating Less Gas and Bloating Less Heartburn Yes	Yes No Less Gas and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes less gas Less hearburn Yes No No Yes Yes Yes Yes Less can dilating Less indigestion No	Yes No No less heartburn and indigestion Yes Yes Yes Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes No No No No No Less Bloating Less Bloating Less Indigestion No Yes	Yes No Less Gas less heartburn Yes Yes Yes No
Do you notice less Gas or Bloating ? Yes	40 41 42 43 44 45 46 47 48	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Notes/ Adverse Effects	No No No Ses Gas Less Cas Less heartburn and indigestion Yes No Yes Yes No No No No No Less Gas and Bioating Less Gas and Bioating Less Heartburn Yes Yes	Yes No No Itess Gas and Bloating fess hearthourn and indigestio Yes No Yes Yes Yes Yes Yes Yes Yes Yes Yes No No No No No Yes Yes Yes Yes Yes Yes Yes No	Yes Yes Yes Less Gax and Bloating less heartburn and indigestion Yes No Yes No	No Yes Iess pace Less heartburn Yes No No Yes Yes Yes Yes Yes Yes Yes Less Gas and Bloating Less Indigestion No No No No Yes Yes	Yes No No No No No No No Yes Yes Yes Yes No	No No No No Less Gas and Bloating less theoribum and indigestion tres Tres Tres Tres Tres No	Yes No Less Gas Less Hourburn Yes Yes No
51 Do you notice less Heartburn or Indigestion? Yes Yes No Yes Yes Yes Yes Notes/ Adverse Effects Indigestion? Yes Yes Indigestion? Yes	40 41 42 43 44 45 46 47 48	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No Ses Gas Less Cas Less heartburn and indigestion Yes No Yes Yes No No No No No Less Gas and Bioating Less Gas and Bioating Less Heartburn Yes Yes	Yes No No Itess Gas and Bloating fess hearthourn and indigestio Yes No Yes Yes Yes Yes Yes Yes Yes Yes Yes No No No No No Yes Yes Yes Yes Yes Yes Yes No	Yes Yes Yes Less Gax and Bloating less heartburn and indigestion Yes No Yes No	No Yes Iess pace Less heartburn Yes No No Yes Yes Yes Yes Yes Yes Yes Less Gas and Bloating Less Indigestion No No No No Yes Yes	Yes No No No No No No No Yes Yes Yes Yes No	No No No No Less Gas and Bloating less theoribum and indigestion tres Tres Tres Tres Tres No	Yes No Less Gas Less Hourtburn Yes Yes No
Notes	40 41 42 43 44 45 46 47 48	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No Sess Gas Sess heartburn and indigestion Yes No Yes Yes No No No No No Sess Gas and Bloating Less Gas and Bloating Less Heartburn Yes	Yes No Less Gas and Bloating less hearthourn and indigestio Yes No Yes Yes Yes Yes Yes Yes Yes Yes No	Yes Yes Yes Yes Less Gax and Bloating less heartburn and indigestion Yes No Yes No	No Yes Iess gas Less heartburn Yes No No Yes Yes Yes Yes Yes Yes Less Gas and Bloating Less Indigestion No No No No Yes	Yes No No No No No No No Yes Yes Yes No	No No No No Less Gas and Bloating less theoribum and indigestion Yes Yes Yes Yes No	Yes No Less Gas Less Houriburn Yes Yes No
Do you notice less Gas or Bloating ? Yes Yes No Yes Yes Yes Yes So you notice less Heartburn or Indigestion? Yes	40 41 42 43 44 45 46 47 48 49	Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes Yes No No No No No No No Less Gas and Bloating Less Heartburn Yes Yes Yes	Yes No Less Gas and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes Less pacs Less pearthurn Yes No No Yes Yes Yes No	Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes Yes No	Yes No Less Gas Less Facrifourn Yes Yes Yes No
52 Do you notice less Heartburn or Indigestion? Yes Yes Yes Yes Yes No Yes	40 41 42 43 44 45 46 47 48 49	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes Yes No No No No No No No Less Gas and Bloating Less Heartburn Yes Yes Yes	Yes No Less Gas and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes Less pacs Less pearthurn Yes No No Yes Yes Yes No	Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes Yes No	Yes No Less Gas Less Facrifourn Yes Yes Yes No
	40 41 42 43 44 45 46 47 48 49	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion?	No No No No Less Gas less heartburn and indigestio Yes No Yes Yes Yes No	Yes No Less Gas and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes No	Yes Yes Yes Yes Yes Less Gas and Bloating less heartburn and indigestion Yes No Yes No	No Yes less gas Less heartburn Yes No No Yes Yes Yes Yes No	Yes No	No No No No Less Gas and Bloating less heartburn and indigestion Yes Yes Yes Yes Yes Yes No	Yes No Less Gas Less Facrifourn Yes Yes Yes No
Notes/ Adverse Effects	40 41 42 43 44 45 46 47 48 49 50	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes No No No No No No No Less Gas and Bloating Less Heartburn Yes	Yes No No Less Gras and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes Yes Yes No Yes Less Gras Less Hearthum and indigestir No No No Yes Yes Yes Yes Yes Yes Yes Yes Yes No	Yes Yes Yes Yes Yes Yes Cas and Bloating Fess hearthurn and indigestion Yes No Yes No	No	Yes No No No Hess heartburn and indigestion Yes Yes Yes No	No N	Yes No Less Gas Less Gas Less Houriburn Yes Yes No
	40 41 42 43 44 45 46 47 48 49 50	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No No No Less Gas less heartburn and indigestion Yes No Yes Yes No No No No No No No Less Gas and Bloating Less Heartburn Yes	Yes No No Less Gras and Bloating less hearthum and indigestio Yes No Yes Yes Yes Yes Yes Yes No Yes Less Gras Less Hearthum and indigestir No No No Yes Yes Yes Yes Yes Yes Yes Yes Yes No	Yes Yes Yes Yes Yes Yes Cas and Bloating Fess hearthurn and indigestion Yes No Yes No	No	Yes No No No Hess heartburn and indigestion Yes Yes Yes No	No N	Yes No Less Gas Less Gas Less Houriburn Yes Yes No Yes

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	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	less heartburn	No	less heartburn	less heartburn	No Difference	less heartburn	less heartburn
	Do you notice less Gas or Bloating ?	Yes	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas	Less Gas	Less Gas	Less Gas and Bloating	Less Bloating	Less Gas	Less Gas and Bloating
	Do you notice less Heartburn or Indigestion?	less heartburn	Less Heartburn	Less heartburn	No	Less heartburn and indigestio	less indigestion	Less heartburn and indigestic
	Notes/ Adverse Effects	Loss Blooding	Lass Cas and Blacking	Lass Cas and Blacking	Lass blacking	Lass Cas and Blacking	Lass Cas and Blacking	Lass Cas and Blacking
4	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Less Bloating less heartburn	Less Gas and Bloating No Difference	Less Gas and Bloating	Less bloating	Less Gas and Bloating Less heartburn and indigestio	Less Gas and Bloating	Less Gas and Bloating
	Notes/ Adverse Effects	less riedriburi	140 Dilleferice	Less Hear Dorn and Indigestio	Less fied iboff did fragesic	Less realiborn and indigestio	Less riedi iboiri dila ilalgesia	Less rearriborn and malgestic
	Do you notice less Gas or Bloating?	Yes	No	No	Yes	Yes	No	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	Yes	No	No	No	No	No
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
10	Do you notice less Gas of Blodding & Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	103	103	103	103	103	103	103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	Yes	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	Yes	No	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	No	No	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No No	No No	No No	No No	No No	No No	No No
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	140	110	140	110	140	140	140
	Do you notice less Gas or Bloating ?	No	No	Yes	No	No	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	No	Less Gas and Bloating	Lass Cas and Blacking	Lass blooding	Less Gas	Lass Cas and Blackins	Loss Cas and Blacking
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No less heartburn	No.	Less Gas and Bloating less heartburn	Less bloating less heartburn	No	Less Gas and Bloating less heartburn	Less Gas and Bloating less heartburn
	Notes/ Adverse Effects				- I Nouribon		and the state of t	
				Yes	No	No	No	No
	Do you notice less Gas or Bloating ?	No	No	res				
	Do you notice less Heartburn or Indigestion?	No No	No No	Yes	Yes	Yes	No	Yes
22	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	Yes	Yes	Yes		
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?	No Yes	No Yes	Yes Yes	Yes Yes	Yes Yes	Yes	Yes
22	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion?	No	No	Yes	Yes	Yes		
	Do you notice less Heartburn ar Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No Yes	No Yes	Yes Yes Yes	Yes Yes	Yes Yes Yes	Yes No	Yes Yes
23	Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blaating? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Blaating?	No Yes	No Yes	Yes Yes	Yes Yes	Yes Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion? Notes! Achers Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes! Achers Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No Yes No	No Yes Yes No	Yes Yes Yes Less Gas	Yes Yes Yes No	Yes Yes Yes No	Yes No Less Gas	Yes Yes No
23	Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects	No Yes No	No Yes Yes No	Yes Yes Yes Less Gas	Yes Yes Yes No	Yes Yes Yes No	Yes No Less Gas	Yes Yes No
23	Do you notice less Heartburn or Indigestion? Notes! Achers Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes! Achers Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No Yes No No No	No Yes Yes No No	Yes Yes Yes Yes Less Gas No	Yes Yes Yes No	Yes Yes Yes No No	Yes No Less Gas No	Yes Yes No
23	Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notest, Adverse Effects Notest, Adverse Effects Notest Adverse Effects	No Yes No No No No No Yes	No Yes Yes No No No Yes	Yes Yes Yes Yes Less Gas No Yes	Yes Yes Yes No No Yes	Yes Yes Yos No No Yes Yes	Yes No Less Gas No Yes Yes	Yes Yes No No Yes Yes
23 24 25	Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest Adverse Effects Do you notice less Gas or Bloating ?	No Yes No No No Yes Yes Yes Yes	No	Yes Yes Yes Less Gos No Yes Yes Yes Yes	Yes Yes	Yes	Yes No Less Gas No Yes Yes Yes	Yes Yes No No No Yes Yes Yes Yes
23	Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthum or Indigestion? Notest, Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notest, Adverse Effects Notest, Adverse Effects Notest Adverse Effects	No Yes No No No No Yes Yes	No Yes Yos No No No Yes Yes	Yes Yes Yes Yes Less Gas No Yes	Yes Yes Yes No No Yes Yes	Yes Yes Yos No No Yes Yes	Yes No Less Gas No Yes Yes	Yes Yes No No Yes Yes

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Subject Number	Questions				Week 4			
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
27	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
28	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Less Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating
29	Do you notice less Heartburn or Indigestion?	less heartburn		Less heartburn and indigestic				Less heartburn and indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
30	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
31	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	No.	No No	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
32	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects Do you notice less Gas or Bloating?	No	Yes	No	No	No	No	No
33	Do you notice less Gas or Bloating & Do you notice less Heartburn or Indigestion?	No No	Yes	No No	Yes	No No	Yes	Yes
	Notes/ Adverse Effects				100			
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
34	Do you notice less Heartburn or Indigestion?	No	No	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	No	Yes	Yes
35	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	Yes	Yes	No	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
36	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	a little more bloated	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
37	Do you notice less Heartburn or Indigestion?	less heartburn	No Difference	less heartburn	less heartburn	No Difference	less heartburn	less heartburn
	Notes/ Adverse Effects	v	v	V	W	We -	V	We -
38	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes
30	Notes/ Adverse Effects	103	103	163	103	103	163	163
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
39	Do you notice less Heartburn or Indigestion?	No	Yes	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes No	Yes No	Yes	Yes
40	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	NO	tes	NO	NO	NO	res	NO
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
41	Do you notice less Heartburn or Indigestion?	less heartburn						Less heartburn and indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
42	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	No	No	No	Yes	No	Yes
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
43	Do you notice less Heartburn or Indigestion?	Yes	No.	Yes	No.	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
44	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	Van	No	Vos	No	Yes	Vos	Voc
45	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes	No Yes	Yes Yes	No No	Yes No	Yes Yes	Yes No
45	Notes/ Adverse Effects					-		
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
46	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
47	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas and Bloatina	Less Gas and Bloating	Less Bloatina	Less Gas and Bloatina
48	Do you notice less Heartburn or Indigestion?	Less Indigestion	Less Heartburn and Indigestic					Less Heartburn and Indigestio
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	No	No	No	No	No	No
49	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	No	No	Yes	Yes
	Notes/ Adverse Effects Do you notice less Gar or Bloating 2	Yes	Yor	Vor	Voc	Yor	Voc	Yes
50	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes
	Notes/ Adverse Effects							
			Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Gas or Bloating ?	Yes						v
51	Do you notice less Heartburn or Indigestion?	Yes Yes	Yes	Yes	Yes	Yes	Yes	Yes
51	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes				
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?	Yes Yes	Yes Yes	Yes	Yes	Yes	Yes	Yes
51 52	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes Yes Yes				

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APPENDIX 9: DIARY DATA - PLACEBO

	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Yes	No	No	No	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	No	No	Yes
	Notes/ Adverse Effects		110		103			103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
24	Notes/ Adverse Effects	140	140	140	140	140	140	140
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes
20	Notes/ Adverse Effects	140	140	140	140	163	163	103
	Do you notice less Gas or Bloating ?	No Difference	No Difference	No Difference	No Difference	No Difference	Less Bloating	Less Gas and Bloating
29	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	No Difference	Less heartburn	Less Heartburn	less heartburn	less heartburn
	Notes/ Adverse Effects	NO BINCIENCE	140 Billerence	NO BITCICIO	EC33 FICGITIDOTT	EC33 TICGITEOTT	icas ricariborri	iess riedriborri
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
30	Do you notice less Gas of Blodling ? Do you notice less Heartburn or Indigestion?	No	No	No.	No	No	No	No
30	Notes/ Adverse Effects	140	INO	140	140	140	NO	NO
		No	No	No	No	No	No	No
33	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No No
33	Notes/ Adverse Effects	110	NO	140	140	140	NO	140
25	Do you notice less Gas or Bloating?	No No	No No	No	No	No	No No	No
35	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No
		No	No	No	No	No	No	No
20.	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No No	No No
39		INO	140	INO	INO	140	140	INO
	Notes/ Adverse Effects	NI-	N	NI-	NI-	NI-	NI-	NI-
40	Do you notice less Gas or Bloating?	No	No	No No	No	No	No	No
40	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
42	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects	NI-	NI-	NI-	NI-	NI-	NI-	NI-
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
45	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
46	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
49	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	No

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Subject Number	Questions							
30bject Northber	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	Yes
2	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
5	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
7	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	No	No	No	Yes	Yes	Yes
9	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	Yes
	Notes/ Adverse Effects		**			**		N.
	Do you notice less Gas or Bloating ?	No No	No	No	No	No	No	No V
11	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	No	No	No	No	No	No	Yes
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes
13	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes
13	Notes/ Adverse Effects	110		110	103	103	103	103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
18	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	Yes	No	Yes	No	No	No
19	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	Less Gas	No	No	No	Less Gas	No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
26	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas and Bloating	Less Gas and Bloating	Less Gas	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas
29	Do you notice less Heartburn or Indigestion?	Less heartburn and indigestio	Less heartburn and indigestic	Less heartburn	Less Indigestion	Less heartburn and indigestio	Less heartburn and indigestio	less heartburn and indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
30	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects		N1	· ·		N	· ·	N.
	Do you notice less Gas or Bloating?	Yes	No	Yes	No	No	Yes	No
33	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	No	No	Yes	No
		No	Von	Vos	Voc	Von	Vos	Vas
35	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	Yes No	Yes No	Yes No	Yes Yes	Yes	Yes Yes
- 33	Notes/ Adverse Effects	110	110	110	110	103	103	103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
20								
39							No	Yes
39	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	No	No	Yes
39	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects			No	No		No No	Yes
40	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?	No	No			No		
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No No	No No	No No	No No	No No	No	No
	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion?	No No	No No	No No	No No	No No	No	No
	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	No No No	No No No	No No No	No No No	No No No	No No	No No
40	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?	No No No	No No No Yes	No No No Yes	No No No Yes	No No No Yes	No No Yes	No No Yes
40	Do you notice less Heartburn or Indigestion? Notes/ Act werse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Act werse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No No	No No No Yes	No No No Yes	No No No Yes	No No No Yes	No No Yes	No No Yes
40	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No No No No No	No No No Yes No	NO NO NO Yes NO	No No No Yes No	No No No Yes No	No No Yes	No No Yes
40	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating?	NO NO NO NO NO NO	No No No Yes No	No No No Yes No	No No No Yes No	No No No Yes No	No No Yes No	No No Yes
40 42 45	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating?	No	NO NO NO Yes NO NO NO NO NO NO NO	No No No Yes No	No No No No Yes No No No No No No No No No	No No No Yes No No No No No No No	No No Yes No No	No No Yes No Yes No No Yes No No Yes No Yes No Yes No Yes No Yes No No No Yes No No No No No Yes No
40	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating?	No	NO NO NO Yes NO NO NO NO NO NO	NO NO NO Yes NO NO NO NO NO NO NO NO	NO NO NO Yes NO	No No No Yes No	No No Yes No No	No No Yes No No Yes
40 42 45	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adv erse Effects Notes/ Adv erse Effects	No N	NO NO NO Yes NO NO NO NO NO NO NO NO NO	NO NO NO Yes NO	NO NO NO NO Yes NO	NO NO NO Yes NO	No No Yes No	No No Yes No
40 42 45 46	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	NO N	No No No Yes No	No No No Yes No No No No No No No No No	No No No No Yes No	No No No Yes No	No N	No No Yes No No No Yes Yes
40 42 45	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Notes/ Adv erse Effects Do you notice less Gas or Bloating? Do you notice less Gas or Bloating? Do you notice less Gas or Bloating?	No N	NO NO NO Yes NO NO NO NO NO NO NO NO NO	NO NO NO Yes NO	NO NO NO NO Yes NO	NO NO NO Yes NO	No No Yes No	No No Yes No
40 42 45 46	Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	NO N	No No No Yes No	No No No Yes No No No No No No No No No	No No No No Yes No	No No No Yes No	No N	No No Yes No No No Yes Yes

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Subject Number	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5		Day 7
	Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes	No	No
2	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	Yes	No	No	Yes	Yes	Yes
5	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
7	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
9	Do you notice less Heartburn or Indigestion?	Yes	No	Yes	No	Yes	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
11	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	Yes	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
13	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
18	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
19	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	Less Gas	No	No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
26	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	Less Gas and Bloating	Less Gas	Less Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
29	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn and indigestio	Less heartburn and indigestic	Less heartburn and indigestio	Less heartburn and indigestio	Less heartburn and indigestio	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
30	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	Yes
33	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	No	No	Yes
35	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
39						No	Yes	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	NO		
	Notes/ Adverse Effects							v
	Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No	Yes	Yes	No	Yes	No	Yes
40	Notes/ Adverse Effects Do you notice less Gas or Bloating? Do you notice less Heartburn or Indigestion?							Yes No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No No	Yes No	Yes Yes	No Yes	Yes No	No No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No Yes	Yes No Yes	Yes Yes Yes	No Yes Yes	Yes No Yes	No No Yes	No Yes
	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	Yes No	Yes Yes	No Yes	Yes No	No No	No
	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No No Yes	Yes No Yes	Yes Yes Yes No	No Yes Yes	Yes No Yes	No No Yes Yes	No Yes Yes
42	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No No Yes No	Yes No Yes No Yes	Yes Yes Yes No	No Yes Yes No	Yes No Yes Yes	No No Yes Yes	No Yes Yes No
42	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No Yes	Yes No Yes	Yes Yes Yes No	No Yes Yes	Yes No Yes	No No Yes Yes	No Yes Yes
42	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Hearthurn or Indigestion? Notes/ Adverse Effects	No No Yes No No	Yes No Yes No Yes	Yes Yes Yes No No No	No Yes Yes No Yes No	Yes No Yes Yes No No	No No Yes Yes No Yes	No Yes Yes No No
42 45	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	No N	Yes No Yes No	Yes Yes Yes No No No No	No Yes No Yes No No	Yes No Yes Yes No No No No	No No Yes No Yes No	No Yes Yes No No No
42	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	No No Yes No No	Yes No Yes No Yes	Yes Yes Yes No No No	No Yes Yes No Yes No	Yes No Yes Yes No No	No No Yes Yes No Yes	No Yes Yes No No
42 45	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects	No No No Yes No No No No	Yes No Yes No Yes No No No No	Yes Yes Yes No No No No No	Yes Yes No Yes No No No No	Yes No Yes Yes No No No No	No No No Yes Yes No Yes	No Yes Yes No No No No
42 45 46	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ?	NO N	Yes No Yes No Yes No No No No No No No	Yes Yes Yes No No No No No No No	No Yes Yes No Yes No No No No No	Yes No Yes Yes No No No No No No	No No Yes Yes No No No No	No Yes Yes No No No No No
42 45 46	Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Notes/ Adverse Effects	No No No Yes No No No No	Yes No Yes No Yes No No No No	Yes Yes Yes No No No No No	Yes Yes No Yes No No No No	Yes No Yes Yes No No No No	No No No Yes Yes No Yes	No Yes Yes No No No No

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					Week 4			
Subject Number	Questions				week 4			
		D1	D=0	D=2	D=4	D=5	D=/	D7
	Davis and the law Conser Blanding 2	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
2	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Yes Yes	No Yes	No Yes	No Yes	No Yes	No Yes	No Yes
_	Notes/ Adverse Effects	163	163	163	163	163	163	163
	Do you notice less Gas or Bloating ?	Yes	No	No	Yes	Yes	No	Yes
5	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	No
, and the second	Notes/ Adv erse Effects			110	1.0	103	110	
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
7	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	No	Yes	Yes	Yes	Yes
9	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
11	Do you notice less Heartburn or Indigestion?	No	Yes	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
13	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
18	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Yes	No	No	Yes	Yes
19	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Less Gas	No	No	Less Gas	No
24	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adv erse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
26	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Less Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating
29	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	Less Bloating less heartburn		Less Gas and Bloating Less heartburn and indigestic	· ·	Less Bloating Less heartburn and indigestio	· ·	Less Gas and Bloating Less heartburn and indigestion
29	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	less heartburn	Less heartburn and indigestic	Less heartburn and indigestic	Less indigestion	Less heartburn and indigestio	Less heartburn and indigestic	Less heartburn and indigestion
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29 30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	less heartburn	Less heartburn and indigestic	Less heartburn and indigestic	Less indigestion	Less heartburn and indigestio	Less heartburn and indigestic	Less heartburn and indigestion
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No	Less heartburn and indigestic No No	Less heartburn and indigestic No No	Less indigestion No No	Less heartburn and indigestio No No	Less heartburn and indigestic No No	Less heartburn and indigestion No No
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gos or Bloating ?	iess heartburn No No No	Less heartburn and indigestic No No Yes	Less heartburn and indigestic No No No	Less indigestion No No No	Less heartburn and indigestio No No No	Less heartburn and indigestic No No No	Less heartburn and indigestion No No No
	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	less heartburn No No	Less heartburn and indigestic No No	Less heartburn and indigestic No No	Less indigestion No No	Less heartburn and indigestio No No	Less heartburn and indigestic No No	Less heartburn and indigestion No No
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No No	Less heartburn and indigestic No No Yes Yes	Less heartburn and indigestic NO NO NO NO NO NO	Less indigestion NO NO NO Yes	Less heartburn and indigestio NO NO NO NO NO NO	Less heartburn and indigestic No No No Yes	Less heartburn and indigestio NO NO NO Yes
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No Vo Yes	Less heartburn and indigestia No No Yes Yes	Less heartburn and indigestic No No No No Very service of the serv	Less indigestion No No No Yes	Less heartburn and indigestio No No No No No	Less heartburn and indigestic No No No Yes	Less heartburn and indigestio No No No Yes
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	less heartburn No No No No No	Less heartburn and indigestic No No Yes Yes	Less heartburn and indigestic NO NO NO NO NO NO	Less indigestion NO NO NO Yes	Less heartburn and indigestio NO NO NO NO NO NO	Less heartburn and indigestic No No No Yes	Less heartburn and indigestio NO NO NO Yes
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No Vo Yes	Less heartburn and indigestia No No Yes Yes	Less heartburn and indigestic No No No No Very service of the serv	Less indigestion No No No Yes	Less heartburn and indigestio No No No No No	Less heartburn and indigestic No No No Yes	Less heartburn and indigestio No No No Yes
30	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adverse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ?	less heartburn No	Less heartburn and indigestic No No No Yes Yes Yes Yes	Less heartburn and indigestic NO NO NO NO Yes Yes	Less indigestion NO NO NO Yes Yes NO	Less heartburn and indigestio NO NO NO NO NO NO NO NO NO N	Less heartburn and indigestic No No No Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes
30 33 35	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No Vo No	Less heartburn and indigestic No No No Yes Yes Yes Yes No	Less heartburn and indigestic NO NO NO NO Yes Yes	Less indigestion No No No No Yes Yes No No	Less heartburn and indigestio No	Less heartburn and indigestic No No No Yes Yes Yes	Less heartburn and indigestio No No No Yes Yes
30 33 35	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No Vo No	Less heartburn and indigestic No No No Yes Yes Yes Yes No	Less heartburn and indigestic NO NO NO NO Yes Yes	Less indigestion No No No No Yes Yes No No	Less heartburn and indigestio No	Less heartburn and indigestic No No No Yes Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes
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30 33 35 39	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No Yes No	Less heartburn and indigestic No No No Yes Yes Yes No No Yes Yes	Less heartburn and indigestic NO NO NO NO Yes NO NO Yes	Less indigestion No No No No Yes No No Yes No	Less heartburn and indigestio No Yes	Less heartburn and indigestic No No No No Yes Yes No No Yes	Less heartburn and indigestio NO NO NO NO Yes Ves NO NO Yes
30 33 35 39	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No Yes No	Less heartburn and indigestic No No No Yes Yes Yes No No Yes Yes	Less heartburn and indigestic NO NO NO NO Yes NO NO Yes	Less indigestion No No No No Yes No No Yes No	Less heartburn and indigestio No Yes	Less heartburn and indigestic No No No No Yes Yes No No Yes	Less heartburn and indigestio NO NO NO NO Yes Ves NO NO Yes
30 33 35 39	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No No No No No Yes No	Less heartburn and indigestic NO NO NO Yes Yes Yes Yes Yes Ves Yes Yes	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO	Less indigestion No No No No Yes No	Less heartburn and indigestio No No No No No No No No No Yes No No No	Less heartburn and indigestic NO NO NO NO Yes Yes Yes NO NO Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes No
30 33 35 39 40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No No No No No Yes No Yes No No Yes	Less heartburn and indigestic No No No Yes	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO NO NO NO Yes Yes NO NO Yes	Less indigestion NO NO NO NO Yes Yes NO NO NO Yes Yes NO NO Yes NO Yes	Less heartburn and indigestio NO NO NO NO NO NO NO NO NO Yes NO Yes NO Yes	Less heartburn and indigestic No No No No Yes Yes Yes Yes Yes Yes Yes Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes No No No Yes Yes
30 33 35 39 40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No No No No No Yes No Yes No No Yes	Less heartburn and indigestic No No No Yes	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO NO NO NO Yes Yes NO NO Yes	Less indigestion NO NO NO NO Yes Yes NO NO NO Yes Yes NO NO Yes NO Yes	Less heartburn and indigestio NO NO NO NO NO NO NO NO NO Yes NO Yes NO Yes	Less heartburn and indigestic No No No No Yes Yes Yes Yes Yes Yes Yes Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes No No Yes Yes Yes Yes Yes Yes Yes Yes
30 33 35 39 40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No No No No No Yes No No No No No No No Yes Ses Ses Ses Ses Ses Ses Ses Ses Ses S	Less heartburn and indigestic NO NO NO Yes Yes Yes Yes Yes Ves Yes Yes NO Yes	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO NO NO Yes NO NO Yes NO NO NO	Less indigestion No No No No No Yes No	Less heartburn and indigestio No No No No No No No No No Yes No No Yes No Yes	Less heartburn and indigestic NO NO NO NO Yes Yes Yes NO NO Yes Yes NO NO Yes Yes	Less heartburn and indigestio No No No No Yes Yes Yes No No No No Yes No No Yes
30 33 35 39 40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects	less heartburn No No No No No No No Yes No No No No No Ves No No No Yes Yes No Yes Yes	Less heartburn and indigestic No No No Yes Yes Yes Yes Yes Yes No	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO Yes Yes NO Yes NO Yes NO Yes	Less indigestion No No No No No Yes No	Less heartburn and indigestio No No No No No No No No No Yes No No Yes No No Yes No No Yes No	Less heartburn and indigestic No No No No Yes Yes Yes Yes Yes Yes No No Yes	Less heartburn and indigestio No No No No No Yes Yes Yes No No No Yes No
30 33 35 39 40 42	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Heartburn or Indigestion? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes / Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No No No No Yes No No No No No Ves No No No Yes Yes No Yes Yes	Less heartburn and indigestic No No No Yes Yes Yes Yes Yes Yes No	Less heartburn and indigestic NO NO NO NO NO Yes Yes NO NO NO NO NO Yes Yes NO NO Yes NO Yes NO Yes NO Yes	Less indigestion NO NO NO NO Yes Yes NO Yes NO	Less heartburn and indigestio NO NO NO NO NO NO NO NO NO Yes NO Yes Yes Yes	Less heartburn and indigestic No No No No Yes Yes Yes Yes Yes Yes No No Yes	Less heartburn and indigestio No No No No Yes Yes No No No Yes Yes No
30 33 35 39 40	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No No No No No No No No Yes No	Less heartburn and indigestic NO NO NO Yes Yes Yes Yes Yes NO Yes Yes NO NO NO NO NO NO NO	Less heartburn and indigestic No No No No No No Yes Yes No No No Yes No Yes No Yes No Yes No Yes No Yes	Less indigestion No No No No No Yes No	Less heartburn and indigestio No No No No No No No No No Yes No No Yes No No Yes No No Yes No	Less heartburn and indigestic NO NO NO NO Yes Yes Yes NO NO Yes Yes NO Yes Yes Yes Yes	Less heartburn and indigestio No No No No No Yes Yes Yes No No No Yes No
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30 33 35 39 40 42 45	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No	Less heartburn and indigestic No No No Yes Yes Yes Yes No Yes No Yes No Yes No	Less heartburn and indigestic NO NO NO NO NO NO Yes Yes NO NO NO Yes Yes NO NO Yes NO	Less indigestion NO NO NO NO Yes NO	Less heartburn and indigestio No Yes No	Less heartburn and indigestic No No No No Yes Yes Yes No No Yes Yes No No Yes Yes No	Less heartburn and indigestio No No No No No Yes Yes Yes No No Yes No
30 33 35 39 40 42	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No	Less heartburn and indigestic NO NO NO Yes Yes Yes Yes Yes Yes NO Yes Yes NO Yes NO	Less heartburn and indigestic No No No No No No No Yes Yes No No No Yes No	Less indigestion No	Less heartburn and indigestio No No No No No No No No Yes No	Less heartburn and indigestic No No No No No Yes Yes Yes No No Yes Yes Yes No	Less heartburn and indigestio No No No No No Yes Yes Yes Yes No
30 33 35 39 40 42 45	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion? Notes/ Adv erse Effects Do you notice less Gas or Bloating ?	less heartburn No	Less heartburn and indigestic No No No Yes Yes Yes Yes No Yes No Yes No Yes No	Less heartburn and indigestic NO NO NO NO NO NO Yes Yes NO NO NO Yes Yes NO NO Yes NO	Less indigestion NO NO NO NO Yes NO	Less heartburn and indigestio No Yes No	Less heartburn and indigestic No No No No Yes Yes Yes No No Yes Yes No No Yes Yes No	Less heartburn and indigestio No No No No No Yes Yes No No Yes No

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APPENDIX 10: DIARY DATA – TEST ARTICLE

	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	No	No	No	No	Less Bloating	Less Bloating	Less Bloating
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	Less Gas
	Do you notice less Heartburn or Indigestion?	No	No	No	Less heartburn	Less Heartburn	No	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No Difference	No Difference	No Difference	No Difference	Less Gas	Less Gas and Bloating	Less Gas
	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	Less heartburn	Less heartburn	Less Heartburn	No Difference	No Difference
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
6	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
8		No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	Yes	Yes
10	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects	110				1.03	103	100
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes
12		No	No	No	Yes	Yes	No	No
	Notes/ Adverse Effects	110	140	140	163	163	140	140
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
14		No	No	No	No	No No	No	No
14	Notes/ Adverse Effects	INO	NO	INO	NO	NO	INO	NO
		No	No	Ne	Na	Yes	Yes	Vee
15	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No	No	No No	No No	No	No No	Yes No
15	Notes/ Adverse Effects	INO	INO	INO	NO	INO	INO	NO
		NI.	Mis	N	NI	N.	N.	N.
	Do you notice less Gas or Bloating ?	No	No	No	No	No No	No	No
16	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	No	No	No	No	NO	No	No
								· ·
	Do you notice less Gas or Bloating ?	No	No	No	No	No	Yes	Yes
17	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects						V	· ·
	Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes	Yes	Yes
20	,	No	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	,	No	No	No	No	No	less heartburn	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
22	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	Yes	Yes	Yes
23	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	Yes	Yes	Yes
25	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	Yes	No
	Notes/ Adverse Effects							

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Subject Number	Questions							
	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
28	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	Yes	No	No
32	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	No	Yes
34	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes	Yes	Yes
36		No	No	No	No	No		
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No Difference	No Difference	No Difference	No Difference	Less Bloating	Less Bloating	Less Bloatina
37	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	No Difference	No Difference	No Difference	· ·	
	Notes/ Adverse Effects	THE BITCHEC	140 Billerence	THE BINEFERICE	140 Billereriee	140 Billerenee	less riedriberri	icas ricariborn
		No	No	No	No	No	Voc	Yes
38		No	No	No	Yes	Yes		Yes
30	Notes/ Adverse Effects	140	140	140	163	163	163	
	Do you notice less Gas or Bloating ?	No	No	No	No	Less Gas	Loss Cas	Loss Cas
41		No	No	No	No	Less Indigestion		
41	Notes/ Adverse Effects	140	140	140	140	Less malgeshorn	110	110
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes	Vee	Vaa
43	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No	No No	No No	No	No No		
43		INO	INO	NO	INO	INO	ies	INO
	Notes/ Adverse Effects	Nie	Ma	V	W	V	No	V
	Do you notice less Gas or Bloating ?	No	No	Yes	Yes	Yes		
44	,	No	No	Yes	Yes	Yes	No	Yes
	Notes/ Adverse Effects				N.		V.	
	Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes		
47	7.1	No	No	No	No	Yes	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	Less Gas and Bloating	Less Gas	Less Gas	· ·	Less Gas and Bloating
48	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	Less Indigestion	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	Yes		
50		No	No	No	No	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	Yes	Yes	Yes		
	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	No	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	Yes
52	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	Yes
	Notes/ Adverse Effects							

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Subject Number	Questions							
	Q 003/lons							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	less bloating	Less Gas and Bloating	less gas	less bloating	Less Gas and Bloating	Less Gas	Less Gas
	Do you notice less Heartburn or Indigestion?	No	No	Less heartburn	No	No	Less heartburn	less heartburn and indigestic
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas and Bloating	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas and Bloating		Less Gas and Bloating
	Do you notice less Heartburn or Indigestion?	Less Heartburn	No	No	Less Indigestion	No	Less heartburn and indigestic	less heartburn and indigestic
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Bloating		Less Gas and Bloating
	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn and indigestic	less indigestion				
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	No
	Do you notice less Heartburn or Indigestion?	Yes	No	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	no	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	Yes	No
	Notes/ Adverse Effects						Less heartburn le Less Gas and Bloating le d indigestio Less heartburn and indigestio le No No No Yes No No No Yes Yes No No No Yes Yes No No No Yes Yes Yes No No No No No Yes Yes Yes Yes No N	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
10	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes		Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
12	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	No		Yes
	Notes/ Adverse Effects	163	163	163	163	140	163	163
	Do you notice less Gas or Bloating ?	No	Vee	Vee	Yes	Yes	Vee	Vaa
14	,	No	Yes No	Yes No	No	No		Yes Yes
14	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	INO	NO	INO	INO	NO	No	res
		V- ·	V- ·	V	V- ·	V	V	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	- 11	Yes
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	Yes		Yes
16	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No
	Notes/ Adverse Effects						Less Gas Less heartburn Less Gas and Bloating Less heartburn and indigestio Less Gas and Bloating Less heartburn and indigestio No Yes	
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	g	Yes
17	Do you notice less Heartburn or Indigestion?	No	No	No	No	No		No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
20	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	No	No	less gas	less bloating	No	No	Less Bloating
	Do you notice less Heartburn or Indigestion?	No	No	Less heartburn	Less Indigestion	Less heartburn and indigestic	Less heartburn	less heartburn and indigesti
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	Yes	No	No	No	No
22	Do you notice less Heartburn or Indigestion?	No	No	Yes	No	No	Yes	No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
23	Do you notice less Heartburn or Indigestion?	Yes	No	Yes	Yes	No		No
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
25	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	No	Yes		Yes
20	Notes/ Adverse Effects	INO	163	163	INO	163	163	163
	Notes/ Adverse citects						100	

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					Week 2				
	Questions								
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	No	No	No	Yes	Yes	No	No	
28	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	No	
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes	
32	Do you notice less Heartburn or Indigestion?	No	No	Yes	Yes	No	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	No	Yes	Yes	Yes	Yes	Yes	Yes	
34	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
34	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
36	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes			
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	less bloating	Less Gas and Bloating	Less Gas	less bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	
37	Do you notice less Heartburn or Indigestion?	No Difference	No Difference	Less heartburn	Less Indigestion		· ·	less heartburn and indiges	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
38		No	Yes	No	Yes	Yes			
	Notes/ Adverse Effects		100		100	1.03	1.03	103	
	Do you notice less Gas or Bloating ?	Less Gas	No	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	
41	Do you notice less Heartburn or Indigestion?	No	Less Indigestion	Less heartburn	Less Indigestion	Less heartburn		less heartburn and indigest	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
43	Do you notice less Heartburn or Indigestion?	Yes	No	No	Yes	Yes			
	Notes/ Adverse Effects	103	110	NO	103	103	140	110	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Var	
44	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes			
777	Notes/ Adverse Effects	163	163	163	163	163	163	163	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Vor	Vos	
47	Do you notice less Gas of Bloding ? Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes			
4/	Notes/ Adverse Effects	ies	ies	163	ies	ies	ies	ies	
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas	Lass Cas and Blacking	Less Gas	
48	Do you notice less Heartburn or Indigestion?	Less Indigestion	· ·	Less Heartburn and Indigestic	· ·	Less Heartburn	·	Less Indigestion	
40		Less malgestion	Less rearroum and malgesti	Less Heariburn and Maigestic	Less malgesilon	Less Redriburn	Less Heariburn	Less malgestion	
	Notes/ Adverse Effects De you patigo loss Cas or Plagting 2	Voc	Voc	Vos	Voc	Voc	Voc	Vos	
50	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes			
50	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	162	ies	
	Notes/ Adverse Effects	Vee	Vee	Vee	Vee	Vee	Vee	Vee	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes			
	Do you notice less Heartburn or Indigestion?	Yes	No	Yes	Yes	Yes	res	res	
	Notes/ Adverse Effects	v	v		·	· ·	v		
	Do you notice less Gas or Bloating ?	Yes	Yes	No	Yes	Yes			
52	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	No	Yes	
	Notes/ Adverse Effects								

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	Questions									
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7		
	Do you notice less Gas or Bloating ?	less Gas	Less Gas and Bloating	Less Gas and Bloating	less gas	less gas		Less Gas		
	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn	Less heartburn	Less heartburn	No		less heartburn		
	Notes/ Adverse Effects	E COSTITUCIONI CONTROLLI	2033 110 0110 0111	2033 110 01 120111	2033 110 01 120111			103511041120111		
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas	Less Bloating	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas		
3	Do you notice less Heartburn or Indigestion?	Less heartburn	Less Heartburn		Less heartburn and indigestio			less heartburn		
	Notes/ Adverse Effects	Leas Hearleon	EC33 FICGITOOTT	Eess fied iboff did fidigestic	2033 Float Borri and indigestio	Less malgeshorr		icas ricariborn		
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloatin		
4	Do you notice less Heartburn or Indigestion?	Less heatburn and indigestio						less heartburn		
	Notes/ Adverse Effects	Less riediborraria iridigesilo	Less riedibori	Less fied fboff did findiges in	Less fledi iborri drid iridigesilo	Less riedi iborri di di iridigestic	Less Heariborn	less riedriborri		
	Do you notice less Gas or Bloating ?	No	No	No	No	No	Vaa	No		
6		No				Yes				
•	Do you notice less Heartburn or Indigestion?	INO	Yes	Yes	Yes	ies	ies	Yes		
	Notes/ Adverse Effects	Vee	Vee	Vee	Vee	Vee	Vee	Vee		
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes		Yes		
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	No	NO	Yes		
	Notes/ Adverse Effects	·	v		· ·		v			
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		Yes		
10	, · · · · · · · · · · · · · · · · · · ·	No	Yes	Yes	Yes	Yes	Yes	Yes		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	- 1.1	Yes		
		Yes	Yes	Yes	Yes	Yes	Yes	Yes		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
14	Do you notice less Heartburn or Indigestion?	Yes	No	No	No	no	Yes	Yes		
	Notes/ Adverse Effects						163			
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
	Do you notice less Heartburn or Indigestion?	No	No	No	No	No	No	No		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
16	Do you notice less Heartburn or Indigestion?	No	No	No	Yes	Yes	Yes	No		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	No	Yes		
17	Do you notice less Heartburn or Indigestion?	Yes	No	No	No	No	Yes	No		
	Notes/ Adverse Effects						No Less Gas and Bloating Less Gas and Bloating Less Gas and Bloating Less Heartburn Yes Yes Yes Yes Yes Yes Yes Yes Yes Ye			
	Do you notice less Gas or Bloating ?	Yes	Yes	No	Yes	Yes	Yes	Yes		
20	, , , , , , , , , , , , , , , , , , ,	Yes	Yes	Yes	Yes	Yes		Yes		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Gas and Bloating	less gas	No	Less Gas and Bloating	Less Gas		
21	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn	Less heartburn	Less heartburn	No		less heartburn		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating?	No	No	No	No	No	No	Yes		
22		No	No	Yes	Yes	No		Yes		
	Notes/ Adverse Effects									
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
23	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	No		Yes		
	Notes/ Adverse Effects	100	1.00		100			.03		
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Voc	Yes	Voc	Voc		
25	,		No		Yes			Yes Yes		
25	Do you notice less Heartburn or Indigestion?	Yes	INO	No	No	Yes	ies	ies		

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	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
27	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	1.03	1.03	1.03	100	103	103	103
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
28		No	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	THO .	103	163	103	103	103	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	No	Yes	Yes
31	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects	103	163	NO .	103	103	103	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
32		Yes	Yes	Yes	Yes	Yes	Yes	Yes
32	Notes/ Adverse Effects	103	103	103	103	103	103	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Voc	Voc
34	Do you notice less Gas or Bloating ? Do you notice less Heartburn or Indigestion?	No No	No No	No No	Yes	Yes		
	Notes/ Adverse Effects	110	INO	140	163	163	163	140
		Vas	Yes	Yes	Yes	Yes	Vee	Vaa
36	Do you notice less Gas or Bloating?	Yes Yes	No	No No	Yes	Yes		
30	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	ies	NO	NO	ies	ies	NO	ies
		la C	Lance Comment No. 1915	Land Comment No.	1	I a constant	Lancon and Diagram	Lancon and Diagram
27	Do you notice less Gas or Bloating ?	less Gas	Less Gas and Bloating	Less Gas and Bloating Less heartburn	less gas	less gas No Difference	· · · · · · · · · · · · · · · · · · ·	Less Gas and Bloating
	Do you notice less Heartburn or Indigestion?	Less heartburn	Less heartburn	Less nearborn	Less heartburn	No Difference	less inalgestion	less heartburn
	Notes/ Adverse Effects	lv.		lv.				v
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes		
38	,	Yes	Yes	Yes	No	Yes	res	res
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas	Less Gas and Bloating	Less Gas and Bloating	less gas	No	· · · · · · · · · · · · · · · · · · ·	Less Gas
	Do you notice less Heartburn or Indigestion?	less heartburn and indigestio	less heartburn and indigestio	less heartburn and indigestio	Less heartburn	less heartburn and indigestic	rless heartburn and indigestion	less heartburn
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		
43		Yes	Yes	No	Yes	No	Yes	No
	Notes/ Adverse Effects						Yes	
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		
44	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Less Gas and Bloating	Less Gas	Less Gas	Less Gas and Bloating	Less Gas and Bloating		Less Gas
48	Do you notice less Heartburn or Indigestion?	Less Heartburn	Less Heartburn and Indigestic	Less Indigestion	Less Indigestion	No	Less Indigestion	Less Indigestion
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	No	Yes	Yes	Yes	Yes
50	, · · · · · · · · · · · · · · · · · · ·	Yes	Yes	Yes	Yes	Yes	No	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
		Yes	Yes	No	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	No	Yes	Yes	Yes	Yes
52	Do you notice less Heartburn or Indigestion? Notes/ Adverse Effects	Yes	Yes	Yes	Yes	Yes	No	Yes

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	Questions	Week 4							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Bloating	Less Gas and Bloating	Less Gas and Bloating		Less Gas and Bloating	
	Do you notice less Heartburn or Indigestion?	less heartburn	No	less heartburn	less heartburn	No Difference		less heartburn	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas	Less Gas	Less Gas and Bloating	Less Bloating	Less Gas	Less Gas and Bloating	
3	Do you notice less Heartburn or Indigestion?	less heartburn	Less Heartburn	Less heartburn	No	Less heartburn and indigestic		Less heartburn and indige	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Less Bloating	Less Gas and Bloating	Less Gas and Bloating	Less bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	
4	Do you notice less Heartburn or Indigestion?	less heartburn	No Difference						
	Notes/ Adverse Effects	icas ricuriborii	THO BINCIPEICE	2033 Float Iborri and maigestic	Less freditions and marges in	Less riedinborn and maigesne	Less fied formand maigesne	2 COSTICUIDON AND MAIN	
	Do you notice less Gas or Bloating ?	No	Yes	No	No	No	No	No	
6	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes		Yes	
•	Notes/ Adverse Effects	103	103	103	103	103	103	103	
		No	Voc	Voc	Voc	Voc	Voc	Voc	
8	Do you notice less Gas or Bloating?	No	Yes	Yes No	Yes Yes	Yes		Yes Yes	
8	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		Yes	
10	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes		Yes	
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
14	Do you notice less Heartburn or Indigestion?	Yes	Yes	No	No	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes	No	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
16	Do you notice less Heartburn or Indigestion?	No	No	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
17	Do you notice less Heartburn or Indigestion?	No	No	No	No	Yes		No	
	Notes/ Adverse Effects						less heartburn		
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Less Gas and Bloating less heartburn Less Gas gestio less indigestion Less Gas and Bloating gestio Less heartburn and indigest No Yes	Yes	
20	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes		Yes	
20	Notes/ Adverse Effects	163	163	163	103	103	163	103	
	Do you notice less Gas or Bloating ?	No	Less Gas and Bloating	Less Gas and Bloating	Less bloating	Less Gas	Loss Cas and Bloating	Less Gas and Bloating	
21	Do you notice less Heartburn or Indigestion?	less heartburn	No	less heartburn	less heartburn	No No		less heartburn	
21		less riedinborri	140	less riedi iborri	1633 116411150111	140	less fied iboffi	less riedriborri	
	Notes/ Adverse Effects	No	No	Yes	No	No	No	No	
22	Do you notice less Gas or Bloating?	No	No				1		
22	Do you notice less Heartburn or Indigestion?	INO	NO	Yes	Yes	Yes	NO	Yes	
	Notes/ Adverse Effects				lv.	ly.		v	
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes		Yes	
23	Do you notice less Heartburn or Indigestion?	No	Yes	Yes	Yes	Yes	No	Yes	
	Notes/ Adverse Effects								
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes		Yes	
25	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
	Notes/ Adverse Effects								

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Subject Number	Questions							
	Questions							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	No	No	No	No	No	No	No
28	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	No	No	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
32	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
34		No	No	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
36		Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	a little more bloated	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
37	Do you notice less Heartburn or Indigestion?	less heartburn	No Difference	less heartburn	less heartburn	No Difference	- v	less heartburn
	Notes/ Adverse Effects	1033 110 G. 120111	THE BILLET CHEE	1035 110 01120111	10351104112011	THE BITTER STORE	ioss riodrisorri	1033 110 0110 0111
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
38	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes		Yes
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating
41	Do you notice less Heartburn or Indigestion?	less heartburn						
	Notes/ Adverse Effects							
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
43	Do you notice less Heartburn or Indigestion?	Yes	No	Yes	No	Yes		Yes
	Notes/ Adverse Effects	103		1.03	110	100	1.05	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
44		Yes	Yes	Yes	Yes	Yes		Yes
	Notes/ Adverse Effects	103	103	103	103	103	Yes Less Gas and Bloating less heartburn Yes Yes	103
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Ver	Yes
47	,	Yes	Yes	Yes	Yes	Yes		Yes
	Notes/ Adverse Effects	163	163	163	163	163	163	103
	Do you notice less Gas or Bloating ?	Less Gas and Bloating	Less Gas	Less Gas and Bloating	Less Gas and Bloating	Less Gas and Bloating	Less Bloating	Less Gas and Bloating
48	Do you notice less Gas of Bloating ? Do you notice less Heartburn or Indigestion?	Less Indigestion	Less Heartburn and Indigestic	·	·	· ·	· ·	· ·
	Notes/ Adverse Effects	LC33 THUIGESHOTT	Loss ried ibom and maigestic	LC33 HCUHDOM	Loss riedinon Tana maigesiid	Loss riedinoun dia maigesia	2033 Heariborn and maigestic	2033 Heartboth and malge
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	Vec	Yes
50	Do you notice less Gas of Bloating ? Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes		Yes
	Notes/ Adverse Effects	103	163	163	163	163	163	103
		Yes	Voc	Yes	Yes	Yes	Voc	Voc
	Do you notice less Gas or Bloating?		Yes	- 11				Yes
		Yes	Yes	Yes	Yes	Yes	ies	Yes
	Notes/ Adverse Effects	V	V	V	V- ·	V	V	V
	Do you notice less Gas or Bloating ?	Yes	Yes	Yes	Yes	Yes	5.5	Yes
52	Do you notice less Heartburn or Indigestion?	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Notes/ Adverse Effects							

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